

Patchwork Press

HEBER VALLEY QUILTERS

A Preview

Bonnie Miles ~ "Free" Quilts

Editor's note: This emailed letter is a great introduction of our guest instructor for this month's guild meeting, Bonnie Miles. Sure hope everyone will be able to attend!

One of the things I hate about teaching is to have to "toot my own horn" !!!! But just because you asked, I will give you a little background on me and the workshop.

My love for quilts and quilting goes back a very long way - to when I watched my grandmother and her friends quilt. I was pretty certain, after I was married and a poor school teacher's wife, that I could make one too... out of scraps that I had on hand. That first pieced quilt wasn't so bad, but I used every single thing available - and today it's quite a piece to behold. The red wool ran and shrank when washed, and the part rayon piece frayed away at the seams, etc. But it has been loved and used to death ! And besides that, it was FREE! Hah! Little did I know that I was starting a trend - Free Quilts!

I have always loved to sew, and for all of my life as a mother of young children (and even older ones) I made all their clothes, and mine as well. I taught sewing for Jordan District Adult Education for years, and tried every new technique that came along. Then, in about 1972, I renewed my passion for quilting. At this time, the quilting craze had not hit the general population, and finding appropriate quilting fabrics was not easy. But from about then, until the early 1980's, I plugged away at it, and made a few quilts. As you can imagine, when quilt magazines started to be published, and fabric shops started catering to quilters, I was in heaven.

So, at that time, I started quilting in earnest. Now my love of quilting takes me all sorts of directions. I have incorporated it into my travel business, and conduct tours that focus on both historical culture and quilting. I organize, orchestrate and teach at the Winter Quilt Retreat at Bryce Canyon. (14 years now!) I teach for anyone that asks - and have done so for many years around the intermountain area. My aim is not to force quilters to make a specific project as much as to teach them good techniques. It's sort of like the old adage of "teach a man to fish..." idea. I believe that when we learn a technique well, it opens up all sorts of avenues for us to create and design our OWN projects. To me, that spells success.

With that in mind, I have come up with many great workshops (near 20 now) using a variety of great techniques. The FREE QUILT idea came when I looked at my growing number of leftover pieces, and thought that they certainly still had purpose and worth. Thus, I began planning ways to use them - for after all, they were free, weren't they? So - that's the lead in statement for the FREE QUILTS workshop. Using what you have - and making something beautiful. Come and see what we can create!

And yes - I am a wife, mother of five and grandmother of 18. I own and operate American Heritage Tours, work in church in the Relief Society and at the Mt. Timpanogos Temple, and in my spare time, I stitch. See you next week.

~Bonnie

Inside this issue:

A Preview	1
Queen Bee	2
Friendship/Round Robin	2
Charity Quilt Corner	2
The Calico Road	3
Guild Membership	3
Guild Meetings	4

Organization:

- *President:* Michelle Blair
- *Vice Presidents:* 1st - Celini Richins, 2nd - Brenda Wilcox
- *Secretary:* Barbara Murdock
- *Treasurer:* Jeannine Pratt
- *Newsletter Editor/Historian:* Deonn Stott
- *Newsletter Production:* Michele Murdock
- *Charity Quilt Committee:* Tricia Mathis, Dana Brosnahan, Kaydawn Epps, Wendy Jones
- *New Member Liaison:* Christy Watt
- *Communication Coordinator:* Sheryl Wood
- *Door Prize/Birthday Coordinator:* Julie McNaughtan
- *Friendship Groups:* Cat Beckstead
- *Design Challenge:* Shantelle Cox



Queen Bee ~ Dana Brosnahan

Dana was born in California and grew up in various states - California, Washington and New York as an Air Force kid. She attended BYU and met her husband Tim. They moved to Wisconsin and she was able to finish her degree in Kinesiology with an emphasis on exercise and fitness.

Dana was diagnosed with melanoma and underwent a 12-month chemotherapy program. She joined a "block of the month" club at a local quilt shop, and began making blocks for her "cancer quilt" as she called it, learning to

quilt, and making some great friends along the way. These same ladies created a literary/social group following their experience in the block of the month club, and called themselves the "Persian Pickle" club. They would read a book a month, and each of the ladies would prepare a dish that was either mentioned in the book, or that was brought to mind while reading the book. Sounds like a great idea!

Dana and her husband moved to Heber City a year and a half ago, with their sons, Jonathan and Spencer, ages

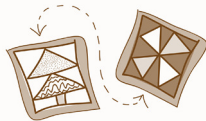
10 and 7. She just celebrated her 5-year cancer-free mark by participating in a triathlon.

Dana's other interests include reading, scrapbooking, fly-fishing with her Dad, and scuba-diving with her family. She serves on the charity quilt committee for the guild.

Quilting is my passion...
chocolate comes in a close second.

check out these great websites for free patterns: www.quilterscache.com
www.quiltblocksgalore.com, www.freequiltpatterns.com
and for a rotary blade exchange site - try this one: www.LPSharp.com

Friendship Blocks



Be sure to complete and return the following Friendship Blocks by June's guild meeting (June 20th).

GROUP 1: Rachel Crane

GROUP 2: Shantelle Cox

Next up - GROUP 1: Holly Broadhead and Crusann Epps

GROUP 2: Barbara Odland and Cat Beckstead

We're doubling up so that we won't have to make Friendship Blocks in December!



Round Robin Groups

Round Robin participants produced some creative and wonderful borders for Round One: Angles & Triangles.

Now we're on to Round Two:

Group I & III Appliqué

Next exchange - July 18th

Group II Rectangles & Squares

Next exchange - June 20th

Good Luck, and hang in there!



Charity Quilt Corner

Hey all you Happy Heber Valley Charity Quilt Quilters! Once again it is time for a new group of quilters to be up to bat. As a reminder, each guild member is invited to make and donate a charity quilt during your birthday month.

Happy June Birthdays to Debbie Proctor and Claudia Daniels - you're in the batter's box. Tricia still has quilt kits, batting, & material available if you would prefer to pick one up.

For a quick rundown, so far (Jan,

thru May B-days) we have had 13 birthdays and 7 ladies that have turned in quilts. That's more than 50%! I think we're off to a pretty good start! Thanks for your contributions!

Your Charity Quilt Committee,

Tricia Mathis, Dana Brosnahan,

The Calico Road

by Barbara Murdock



I've been busy doing yard work and a million other things, just like everyone else, as summer gets under way, so I haven't spent much time with quilting or related activities. I did finish a flannel quilt and gave it to my oldest grandson for High School graduation. (Editor's note: CONGRATULATIONS, Barbara! You finished a quilt!!) I also attended the Midway guild quilt retreat at a cabin in Timberlakes. Quilting ladies are so much fun!

I plan to go on the annual Wasatch Front Quilting Shop Hop next week (June 21st through the 24th) and hope to see lots of you at the stores.

Many shops not on the list also have specials during the same time, and each of those stores will be giving away a featherweight sewing machine! With 15 shops (www.utahshophop.com) on the regular beat and 20 stores on the off roads (see www.holidayshophop.com for stores not regularly included on the other shop hop, *American Quilting* for

one), that is a lot of hopping, but it should be fun!

The Utah Valley Quilt Guild will be having their Quilt Fair on July 19th from 9:30 am to 3:00 pm. It is a fun, free event, so mark your calendar and be there early. There are free half-hour classes all morning, a garage-type sale with incredible prices, a bake sale, quilt show, lots of vendors and an auction in the afternoon. Just can't wait.

Wasatch County's Fair Days will be the first weekend in August, and entries will be accepted July 31st. Be thinking about something to enter in the fair this year.

~ Barb

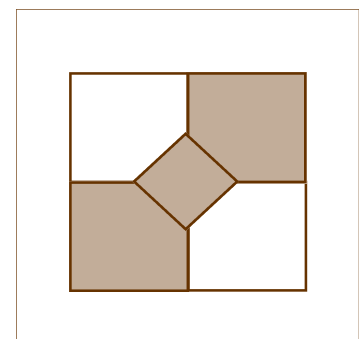
Guild Membership

Queen Bee	Member	Phone
Jun-05	Heather Ackerson	654-3140
	Paulette Adams	654-5918
Feb -06	Cat Beckstead	657-2336
	Linda Beecher	654-1818
Jan-04	Michelle Blair	654-7128
	Michelle Bradshaw	654-4218
	Holly Broadhead	654-2191
	Dana Brosnahan	654-5897
	Ashley Christensen	657-0238
May-05	Shantelle Cox	657-0581
Jul-05	Rachel Crane	654-7038
Aug-04	Claudia Daniels	654-3959
Jul-04	Joan DeFriez	654-2124
	Crusan Epps	654-5077
	Kaydawn Epps	654-0669
Nov-05	Jill Gehring	657-0505
	Heidi Iordachescu	801-225-5893
	Wendy Jones	657-0989
	Tricia Livingstone	657-0955
	Shonna Luke	654-0801
Mar-04	Tricia Mathis	654-9807
Jun-04	Julie McNaughtan	654-5358
	Barbara Murdock	654-0656
Nov-04	Michele Murdock	654-4917
	Kristine Nichols	654-9004
Mar-06	Barbara Odland	435-645-9145
	Cindy Pennington	654-5212
Dec-04	Jeannine Pratt	654-4808
Oct-05	Debbie Proctor	654-2079
	Laurisa Pullan	654-5413
Feb-04	Celeni Richins	654-4767
	Margaret Schloss	654-2876
Feb-05	Deonn Stott	654-4203
	Joylyn Taylor	654-3972

In Review

Shantelle gave a wonderful class on the art of Ribbon Embroidery. It takes embroidery to a brand new level. With some simple stitches and a little practice, you can have beautiful results. It is a type of Victorian embroidery that has been a lost art and is making a comeback. Awesome!

Sew & Tell was once again a great part of the meeting, and it was wonderful to see what the ladies of the guild have been up to for the past couple of months. We saw lots of beautiful projects including the Mexican Star mystery quilts made at the guild retreat, and many other projects that motivate and inspire us.



June Block of the Month

www.hebervalleyquilters.iwarp.com

HEBER VALLEY QUILTERS

PATCHWORK PRESS
PO Box 608
Heber City, UT 84032

Editor: Deonn Stott
Phone: 654-4203
Email: deonnstott@yahoo.com



Guild Meeting Information



Monthly Meetings

Join us for our monthly guild meetings held on the **THIRD TUESDAY** of each month at 7:00 pm.

Meetings are held in the Community Room at:
AMBank Building
620 West 100 South
Heber City, Utah

This Month

Tuesday, June 20th
"Free" Quilts
Guest instructor
Bonnie Miles

~~~

*Please Bring:*  
Sew & Tell  
Quilted Nametag

### A Look Ahead

Tuesday, July 18th  
**Russian  
Needle Punch**  
demonstration by  
Guest instructor  
*Lori Muse*

See you there!

We would like to thank our Newsletter Sponsors for 2006:

**Bonneville Roofing & Drywall** 801 226-7073 & **Heaton Roofing** 801 224-6776