

# PATCHWORK PRESS

Heber Valley Quilters

July 2004

Volume 6, Issue 7

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## CALENDAR:

- July 28th ~  
Guild Meeting 7:00pm  
Stack, Slash, Switch &  
Stitch Demo/Workshop
- August 2nd ~  
Wasatch County Fair:  
enter quilts and other  
items from 8:00am to  
8:00pm.
- August 25th ~  
Guild Meeting 7:00pm  
Machine Quilting Demo
- September 22nd ~  
Guild Meeting 7:00pm  
Watercolor Quilts

## JULY GUILD MEETING

### It's a **BLOCK PARTY!!**

We are so excited for guild meeting this month! It will be a demonstration/workshop by Christie Watt. She will demonstrate the Stack & Slash, Switch & Stitch method of making cute, scrappy blocks that sew up in a hurry. If you would like to make the blocks, bring twelve 10-inch blocks of coordinating or contrasting colors. The suggestion from her pattern is 6 light and 6 dark prints, but any combination will work well. If you would like to make a quilt top from your completed blocks, an additional 1/3 yard is required for the inner 2" border, and another 1/2 yard for the outer border.

OR - you may want to use your 12 completed blocks to sew a cute quilted bag. It will require two additional end panels made with

nine 4" flying geese each. The pattern will be available at guild meeting on Wednesday.

OR - you may just want to come and watch the demonstration to get ideas for your own stack-slash-switch & stitch quilt-in-a-flash.

Christie reports that this quilt top can be put together in one night! Also, if you want your blocks bigger or smaller, the completed blocks end up about 2" smaller than the size of block you begin with.

**PLEASE BRING:**  
Twelve 10" blocks of fabric  
Rotary cutter and mat  
Sewing machine  
Basic sewing kit

Bring a friend! See you there!

## A LOOK AHEAD

### GUILD MEETING

next month will feature another of our wonderful members. Michelle Blair will be demonstrating how to machine quilt on your own sewing machine. See next month's newsletter

for further details.

Meanwhile, we wish Michelle and her children a speedy recovery from Walking Pneumonia!!!

**WASATCH COUNTY FAIR DAYS!!!** Aug 2-7.

Yes, it's that time again! Finish up your projects and enter your blue-ribbon work at the Heber Valley Elementary School on Monday, Aug 2nd, between 8:00 am and 8:00 pm.

## QUEEN BEE



JULIE McNAUGHTAN

Julie, a fun and energetic member of our guild, is our Queen Bee this month. She and her family just moved into a brand new home in the Timp Meadows area. She has been quilting for nearly three years now, and really enjoys hand appliqué, with the exception of her prize-winning wall hanging that she made last year and entered in the fair. She held her hand a certain way on a flat surface to do the appliqué, and because she worked for long stretches of time, ended up with trigger finger! It separated the muscles in the palm of her hand, and required several weeks of physical therapy. The doctor told her that when she recovered, she shouldn't sew again! She laughed, and has adapted just fine since then. After all the doctor bills and physical therapy, that quilt was her most expensive one to make as of yet! Here are a few of her favorites: Mexican food, the color green, chocolate covered raisins. She loves the pinwheel or star quilt blocks and absolutely loves the tiny appliqué pins. And we all love Julie and her wonderful, infectious laugh!

## A POEM

There's been a change in grandpa, and grandma has to scream,  
She cannot do her sewing; grandpa's taken her machine!!!

He's piecing batik fabric, and doing appliqué,  
Grandma never dreamed, it would turn out quite this way

He's using all her fabric, her stash is now all gone,  
And grandma's having to paint the house, and learn to mow the lawn.

She still does all the cooking, and keeps the house `just right'  
And grandpa just keeps sewing, even through the night.

He's cutting up her dresses for that fabric that he needs,  
Who needs reproduction fabric, when you have a source like these?

Of course it's grandma's own fault, she told him that he must  
Learn to sew and darn his socks, once when they had a tuss.

So guard your sewing secrets, these men should never know  
Or you'll find out what happens, when men learn how to sew!  
Philip Hudson

*Utah State Quilt Guild  
Annual Meeting  
October 13-16, Ogden*

...Always so much fun with the classes, quilt show and vendors mall. Class brochures have been mailed to those who are already members of the Utah State Quilt Guild; but you may find a complete schedule available online:

[www.utahquiltguild.com](http://www.utahquiltguild.com).

Just follow the link for annual meeting.

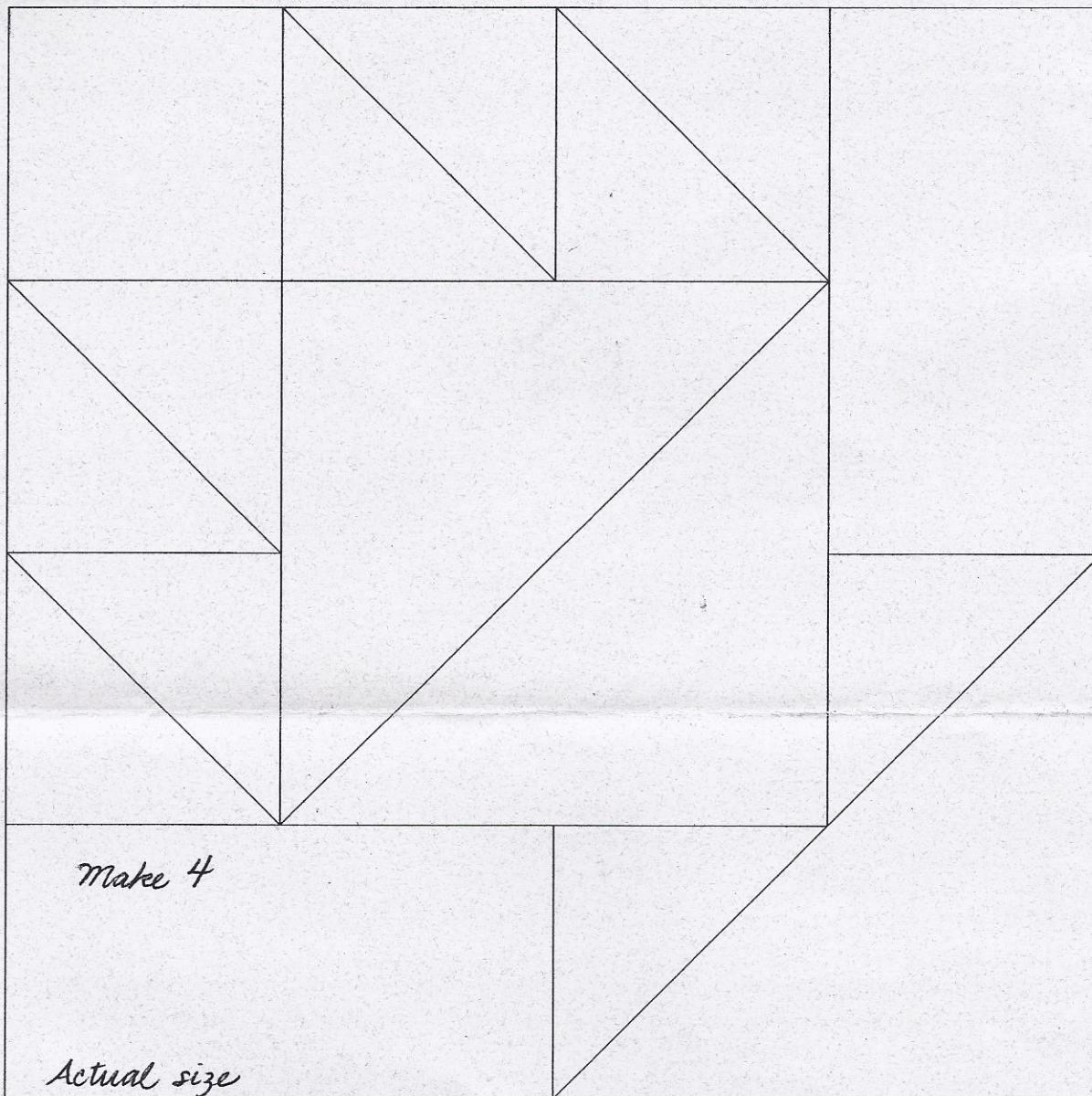
*Don't miss it!*

## LOSE WEIGHT QUILTING ~ FEATHERWEIGHT LIFTING

Use your Singer Featherweight sewing machine to tone your arm muscles. At just over 11 pounds, it's perfect. Grasp the machine and hold it upside down, shoulder-height, with your elbow bent. Do 10 lifts with your right arm, and then switch and repeat with your left. After the last repeat, place the machine on your sewing table, plug it in, and sew!



# ROW QUILT BLOCK OF THE MONTH



Remember to check the guild website if you need to look at a picture of our Row Quilt pattern to date:  
[www.hebervalleyquilters.iwarp.com](http://www.hebervalleyquilters.iwarp.com)

## FRIENDSHIP BLOCK SCHEDULE ~ 2004

Be sure to bring completed blocks for Michele Murdock this month, as well as any other blocks for those in the friendship group that have not yet been returned. This has been a great way to learn new techniques and collect new patterns. If you have questions, call the friend you're sewing for.

May	Sheryl Wood
June	Michele Murdock
<u>July</u>	<u>Tricia Mathis</u>
August	Julie McNaughtan
September	Jeannine Pratt
October	Claudia Daniels
November	Shantelle Cox
December	Deonn Stott

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Deonn Stott

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Just one block at a time...

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## THE CALICO ROAD BY BARBARA MURDOCK

Michele Murdock, her mother, and I had a great time on the shop hop. It took us two full days to visit all of the 16 stores from Logan to Tooele to Spanish Fork. Most of you have been to these shops, but the one in Providence was new to the three of us and we really thought it was a nice store. We ran into some of our old Heber Quilt Guild friends there. It was fun to see them. If you are ever up Logan way, make sure you stop in to visit the **Red Rooster**.

The first week of July, I was in Anchorage, Alaska and had a good time visiting with family. I went to three quilt stores in Anchorage, one in Homer and one in Soldotna. This last store I went to I was expecting nothing because of the size of the town, but it was one of the cutest stores I have ever been in. So if you ever make it to Anchorage, you need to drive a few hours down the peninsula to Soldotna to visit this store. The timing was also right, as I was able to view some quilts of a famous quilter (you expect me to remember her name?) that were on display at this store for two weeks. Even my husband was impressed!