

Patchwork Press



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January Guild Meeting

Quilting 101

Our January Guild meeting will be a kickoff for a fantastic year of quilting. We will hear all about our Block of the Month Row Quilt program, have our Design Challenge issued, sign up for Friendship Block Swaps, and review some basic quilting skills. Here are some of the highlights:

Heber Valley Quilters

Guild Meeting

January 28, 2004

6:30 Quilting Bee

7:00 Meeting

AMBank Conference Room

620 W 100 S

Basement

Heber City, UT

- Getting the Point of Precision Piecing
- All Tied Up - Methods of tying a quilt
- Quality Quilting - Tools for Success

Bring your current projects for show and tell. The official meeting will begin at 7:00, but we would like to invite you to come at 6:30 to help with our charity quilts.

Invite a friend! January is our membership renewal month. Call Michelle Blair at 654-7128 to have her send a complimentary copy of the newsletter to your friend, and we will see you all there!



New location for Guild Meetings

The Heber Valley Quilters will have a permanent location for our meetings this coming year.

The conference room in the basement of the AMBank building is going to be a wonderful place for us to meet. It has ample room for our guild, conference tables for us to set up machines when we have hands-on classes, as well as a kitchenette for refreshments.

Enter from the west side, down the stairs. Located in Old Town at 620 West 100 South, Heber City.

CALENDAR of UPCOMING EVENTS

- ✚ Jan 28th 7:00pm
Guild Meeting
"Quilting 101"
(6:30 Quilting Bee)
- ✚ Jan 29th - 31st
"Winterfest" Daniels
Summit Lodge
call 435-563-2785
- ✚ Feb 28th 7:00pm
Guild Meeting
Applique Lesson
(6:30 Quilting Bee)
- ✚ March 24th 7:pm
Guild Meeting
"Wooden Quilt
Hangers"
(6:30 Quilting Bee)

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Queen Bee



A member of the guild will be featured in this column each month. The previous month's Queen Bee will select someone to get to know a little better, and will spotlight that person at guild meeting the following month. Please complete your **Quilter's Questionnaire** and send in the form along with your dues. Who will the next Queen Bee be?

Personal Pickup and Delivery Service!

Would you like to have your newly completed quilt top machine quilted? Meet **Brandi Wayment** before guild meetings and she will collect your quilts for machine quilting. She does a beautiful job, as many of our guild members agree. She will return your quilt the following month, when she comes to pick up more tops for quilting. Now that's service! Ü

New Year's Resolutions for the Serious Quilter

- * Finish more UFOs than I create
- * If I take it out and use it, I promise to put it back where it belongs.
Now, not just once a year!
- * Volunteer to do something for my quilt guild - teach a class, give a trunk show, chair a project, be an officer.
Or, at least put my chair away.
- * Read at least one non-quilting book or magazine per month.
Try to watch the evening news.
- * Sort and neatly arrange my fabric stash by color and value.
- * Never spend more money at quilt shops than I spend at Costco.

Charity Quilt Corner

It's that time again! The new year is here and it's time to set resolutions. Our goal this year is to donate 24 quilts or more to the Children's Justice Center here in Heber City. The Children's Justice Center would like to be able to present each child that they serve with a quilt of their own. Whenever possible, quilts will be set up one-half hour prior to each guild meeting for you to help quilt/tie, etc. We would love for everyone to participate. Come early and put your name in for a drawing. Please check your fabric stash to see if you have any fabric or batting to donate. Cash for such is welcome too. Bring your donations to guild meetings, or contact one of our Charity Quilt Committee members: Michelle Murdock 654-4917, or Amy Pierson 654-6648. We can make a difference, just one quilt at a time!



MONTHLY QUILTING BEE

Join us 1/2 hour before each guild meeting to help with our charity quilts each month! Put your name in to draw for doorprizes when you participate. We hope to see you there!



Block of the Month

by Cat Beckstead

Introducing 2004's Block of the Month! It will be a "Row Quilt" designed by our own Cat Beckstead. Each month in the newsletter you will receive a pattern and instructions for one block. You will make enough blocks for your first row of the quilt, or keep it simple and make one block at a time for a sampler quilt. There will be a total of eight rows in all. Several different quilting and piecing methods will be used, including paper-piecing and some applique'. **Attend the January guild meeting for more exciting information from Cat, and to receive your first Block of the Month pattern.** In the Fall we will have "Row Quilt Camp" for those who would like help with the three "B"s (Batting, Backing, Binding). Just one block at a time... just one row at a time... we should all have a wonderful quilt to show and tell by the end of the year.

Friendship Block Swap Guidelines

A Friendship Block Swap is a great way to try a lot of different patterns, and perhaps use one or more of them in a future quilt of your own. First and foremost, however, the idea is to have fun!

You will be assigned to a group consisting of seven or more people. Your job is to decide what block you would like made by each of the participants in your group. **Keep it simple!** Let's stick with piecing ~ no applique', unless your group as a whole decides differently. Next, determine what size you would like the block to be. The next decision is color choice: plaids, pastels, florals, only two colors, etc. Think about your preferences, but be reasonable. Many are new to quilting and will not have resources for complex requests. Next, type up the instructions for your chosen pattern. It is essential that you include clear and precise instructions. Include a basic drawing of it as well. Make a sample of your block, if possible, to clarify colors, placement, etc.

You will complete one block each month, except for the month that it is your turn to provide the instructions. Just one block. You have until the next guild meeting to finish the block for the person whose turn it was. At the end of the Swap, you should have enough blocks for a wall hanging or small quilt, depending on the size of your chosen block, or you may want to use the friendship blocks to supplement an existing quilt or project. Here's another idea: If you have enough projects of your own going on and are not sure you want to join a Friendship Group, sign up anyway and select a simple block design. Then make the quilt specifically to donate to the Children's Justice Center.

Sign up for Friendship Groups at the January meeting, or contact Cat Beckstead by phone: 657-2336, or email: catann40@aol.com.

RECAP:

- 1) Have Fun
- 2) Choose the block you'd like; get or design a pattern - KEEP IT SIMPLE!
- 3) Determine color, fabric style, size, etc.
- 4) Type up clear and precise instructions
- 5) Make a sample block for your group to see
- 6) Complete blocks for others in a timely manner (or it's no fun)
- 7) Don't forget to HAVE FUN!

Heber Valley Quilters Guild

Bylaws

Purpose

To provide a forum for local quilters of every ability and skill level to meet together on a monthly basis to promote the art of quilting and:

- A) Learn new quilting techniques.
- B) Teach quilting and related sewing skills to one another.
- C) Show and tell current projects and ideas; also provide encouragement and support for each other.
- D) Provide opportunities for charity service to our community.
- E) HAVE FUN!

MEETINGS Regular guild meetings will be held on the fourth Wednesday of each month from 7:00 p.m. to 8:30 p.m., unless otherwise designated for specific occasions such as Retreats, Holidays, etc.

MEMBERSHIP / DUES Membership in the Heber Valley Quilters Guild is on an annual basis, beginning in January of each year.

Members of the Heber Valley Quilt Guild ~ **\$25 annual dues**; will receive monthly newsletters, participate in monthly drawings, attend all meetings with no additional fees.

Associate members ~ **\$15 annual dues**; monthly newsletters only. Associate members who wish to attend monthly meetings will be assessed a **\$2 meeting fee**.

Guests of regular guild members may attend one complimentary guild meeting.

BOARD MEMBERS Nominations for new board members will be held annually in September. Terms are for one year, beginning in January. A person may combine duties, and may hold the same position for as long as desired. Responsibilities are as follows:

President ~ Outline, arrange and coordinate guild activities for the year.

Vice President/President Elect ~ Support the president, serve as President the following year.

Secretary ~ Keep an ongoing record of all past and present guild members. Keep a record of all volunteer hours to report annually to the Utah State Quilt Guild.

Treasurer ~ Collect annual dues from members. Keep track of yearly budget and spending for the guild; report annually.

Newsletter/Historian ~ Compile monthly newsletter of guild announcements and activities. Print and mail to each member/associate.

Charity Quilt Committee ~ Consists of two or more members. Collect donations of items to sew quilts for charity. Set up quilting bees. Enlist guild members to help in each step of cutting, sewing, binding, etc. Report monthly on progress in newsletter column and at monthly guild meetings.

Communication Coordinator ~ Make reminder phone calls to members regarding guild meeting information.

Queen Bee Coordinator ~ Keep track of "Queen Bees"; monthly spotlighted members. Remind previous month's Queen Bee to choose and report on following month's Queen Bee.

Door Prize Coordinator ~ Use monthly budget to obtain items for door prizes at guild meetings. Give receipts to Treasurer for reimbursement.

Birthday Coordinator ~ Use monthly budget to provide small gift for those with birthdays during that month at guild meetings. Turn in receipts to Treasurer for reimbursement.

Building Coordinator ~ Confirm location of monthly guild meetings; make arrangements for the building to be opened for guild members.

Friendship Block Swap Coordinator ~ Arrange participating guild members into groups for monthly block exchanges. Provide an outline of rules and suggestions for success.

Design Challenge Coordinator ~ Outline a yearly design challenge for guild members. Writeup and send a report to Utah State Quilt Guild. to include in the *Beeline*.

Additional Board Members and Committees ~ As needed for particular guild activities.

~ Make a quilted nametag to wear at Guild Meetings ~

Make a 3" to 5" quilt block. Add a 1" white or muslin strip to the side, top or bottom of your tiny block, to embroider or write your name on. Cut backing to size; then layer right sides together. Stitch around the edge, leaving a two-inch gap for turning. Lay a piece of batting on the wrong side of the front piece; stitch around again, then turn right side out. Whip stitch the opening. Machine or hand quilt. Attach a safety pin to the back and viola! You will know who you are and so will everyone else! Wear your nametag at guild meeting for an additional chance at door prizes!

Lose Weight Quilting

Like most women, we quilters want a way to take off a few pounds without working very hard, but we don't want to take precious time away from quilting by making trips to the gym! Look in future newsletters for your monthly tip to reduce your waistline and speed up the completion of your quilt projects at the same time!

Quick zips up and down the stairs each time you need to press your patchwork will burn a few calories!

CARDIO PRESSING

If you have a basement (or live in a two-story house) move your ironing board to a different floor than the one where you sew. Each time you need to press patchwork or prepare an applique', climb up or down the stairs. You'll get the leg-lifting exercise on the way to the iron and back. If your house is all on one story, locate the ironing board and sewing machine as far apart as possible. For extra exercise, if you have an auto shut-off iron, reactivate the iron and then make a second stairway run or lap through the house while waiting for it to heat. Ü

2004 ~ A Look Ahead

Organization

President:

Deonn Stott

Vice President:

Kari Giacalone

Secretary/Treasurer:

Cat Beckstead

Newsletter/Historian:

Michelle Blair

Community Charities:

Michele Murdock

Amy Pierson

Communication/Queen Bee

Coordinator:

Joan DeFriez

Door Prize/Birthday Coordinator:

Barbara Murdock

Building Coordinator:

Julie McNaughtan

Friendship Block Swap

Coordinator:

Cat Beckstead

Design Challenge:

Shantelle Cox

January 28th

Kickoff Party

Quilting 101

February 25th

A Lesson in Applique'

March 24th

Craft Night: Making

Wood Quilt Hangers /

Design Challenge Quilt Show

April 28th

3D Fabric Folding and Design

May 14th - 15th

Quilting in the Woods Retreat

"I Spy" Quilts

June 23rd

UFO (Unfinished Objects) Night

July 28th

"Block Party"

Quilt in a Flash - Stack and Slash

August 25th

Machine Quilting Demonstration

September 22nd

Special Guest/ Trunk Show

Watercolor Quilts

October 13-16

State Guild Meeting, Ogden

November 6th, (Saturday)

Row Quilt Camp

Batting, Backing, Binding

December 1st

Annual Christmas Party /

Homemade Ornament Exchange

Row Quilt Show

Patchwork Press

Heber Valley Quilters
PO Box 608
Heber City, UT 84032

Just one block at a time...