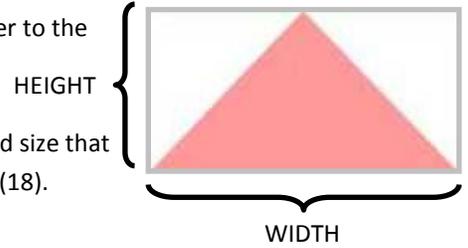




SEW MUCH FUN! HVQ 2015 Row Quilt

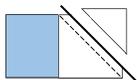
BONUS BLOCKS—Sew Fly Away (Flying Geese)

Both the Stitch & Flip Method and the One-Seam 3-D Method use the same cuts. Use one rectangle for the large center “goose” and two squares for the small side triangles. Refer to the chart below. Calculate the number of geese needed by dividing the finished size height (smaller number) into the quilt width minus 1/2” seam allowance. For example, if I want to make a horizontal row and my quilt width is 54-1/2”, I will need to use a finished size that can divide into 54”, either 1” (54 total flying geese units), 1-1/2” (36), 2-1/4” (24) or 3” (18).



FLYING GEESE CHART

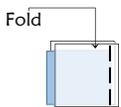
Finished Size	1 Rectangle	2 Squares
1 x 2"	1-1/2 x 2-1/2"	1-1/2"
1-1/4 x 2-1/2"	1-3/4 x 3"	1-3/4"
1-1/2 x 3"	2 x 3-1/2"	2"
1-3/4 x 3-1/2"	2-1/4 x 4"	2-1/4"
2 x 4"	2-1/2 x 4-1/2"	2-1/2"
2-1/4" x 4-1/2"	2-3/4" x 5"	2-3/4"
2-1/2 x 5"	3 x 5-1/2"	3"
2-3/4" x 5-1/2"	3-1/4" x 6"	3-1/4"
3 x 6"	3-1/2 x 6-1/2"	3-1/2"



STITCH & FLIP METHOD

- 1) DRAW a diagonal line on wrong side of each small square.
- 2) POSITION 1 square on rectangle, right sides together, matching corners. STITCH on the line.
- 3) TRIM excess, then PRESS toward point.
- 4) REPEAT on opposite side for remaining square.

TRIM to original size of the rectangle used.



DIMENSIONAL METHOD

- 1) FOLD rectangle in half, wrong sides together.
- 2) With the fold at the top, SANDWICH the rectangle right sides together between the two squares, aligning raw edges at the bottom; PIN in place.
- 3) STITCH along the right side of your stack using 1/4” seam allowance.
- 4) PRESS seam open on the back of the unit, then flip over and PRESS to create the center 3-D triangle. Glue baste edges in place, if desired.

