

# Patchwork Press



## HEBER VALLEY QUILTERS

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Friendship Groups:  
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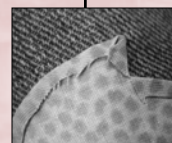
### IN REVIEW

Heber Valley Quilters were privileged to have **Marilyn Toone** as our special guest instructor at March's guild meeting. Marilyn's specialty is hand-quilting and appliqué, and we were inspired by her prize-winning beautiful quilts.

Marilyn's favorite way to prepare appliqué shapes is to create her own templates from Mylar sheets. This heat-resistant material can be used over and over. Her favorite type of Mylar has one dull side and one shiny side. Draw or trace your shape on the dull side with a pencil. Cut each shape using smooth, long strokes of the scissors. The smoother the template, the smoother the appliqué. Place the template dull side down on the wrong side of the fabric being used. Trim fabric leaving a 3/16" to 1/4" seam allowance. Marilyn then uses spray starch and sprays the edges of the fabric, pressing the seam allowance around the shape. Allow the unit to cool, then pull out the template, and the piece is ready to be appliquéd to a quilt.

#### Marilyn's Helpful Hints

✂ For smooth inner corners, clip to within a thread or two, then press back.



✂ For pointy points, press the point tip down first, then press the sides down.

✂ For beautiful circles, gather fabric circles around a circle template. Starch, then clip the thread and pull out the template. (That's how Marilyn made over 1600 grapes on her latest quilt—sure to be another prize-winner!)

Look for Marilyn's Iris appliqué class at Quilt Fest next September. And a big THANKS to her for sharing her time and expertise with us!

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### A PREVIEW

**Liz Withers** is set to be our guest instructor at next week's guild meeting, with a demonstration on machine appliqué. Did you know that you can get a hand-appliqué look on the machine? She'll also demonstrate satin stitch and blanket stitch.

Liz comes from a long line of sewers and quilters—her grandfather began it all with a

sewing machine repair shop. *Floyd Sewing Machines* is celebrating its 60th year in business! Her father ran a sewing factory for many years making motorcycle accessories.

Liz has a store and a sewing machine named after her: *Lizzie's Quilt Shop* in West Valley, and you may have heard of the "Tin Lizzie 18" longarm quilting machine that

her father and grandfather recently developed. (See [www.tinlizzie18.com](http://www.tinlizzie18.com))

If you haven't done so, please let Kaye Dawn know what kind of sewing machine you have so that Liz can select four different machines to use in her demonstration. We look forward to learning another method in our appliqué quest. See you at guild meeting!



## QUEEN BEE

**KATHY BRAND** grew up in Orem and met her sweetheart in high school in an LDS seminary class. They started dating, and never looked back. It was Spring of 1985 when they moved to Heber City, a tiny dot on the map. The only fast food joints in town were the Dairy Keen and Timp Freeze, and both of them closed during the winter months. Kathy and her husband Ken have four daughters and two grandbabies with another one due in October! They are very excited!

Kathy's family loves to take their trailer camping, but she never leaves her sewing machine behind. She has a second set of cutting supplies and an iron that stays in the trailer. Kathy got her very first sewing machine at age five, a cute little toy sewing machine. A couple of years later her mom gave

her the real deal and she sewed every scrap she could get her hands on. She began piecing quilts before her girls were born, but only had a little time to work on projects. Now, it's her grandbabies that take her time. She was a member of Heber Valley Quilters for a time several years ago, and is happy to return.

A couple of years ago Kathy bought a small home quilting machine, but her supportive husband convinced her that she needed to go big. Before she knew it, a wall came crashing down between two bedrooms. He built her a quilting studio, and last June a Gammill Professional Longarm Quilting Machine was at her door. She says, "My husband is the best! He stops at every fabric store with me, reads a book and tells me to take my time."

And he didn't even have to read the book *A Husband's Guide to Quilt Appreciation!*

Like most quilters, Kathy has more quilts to make than time to sew. Two Christmases ago, she made a quilt for each of her girls without letting any of them know; that was tough! She tries to quilt during the day and leave evenings free to spend time with her family, who are also her inspiration.

Kathy loves the fabrics on the market now which are so fun she can't get enough. There is nothing she would rather do than work on a quilt. And now she sews other people's quilts more than her own, but finds that very rewarding too.

Welcome back, Kathy!

## GUILD RETREAT

### QUILTIN' IN THE WOODS May 1-3, 2008

Activities: Kaleidoscope Quilts with Paulette and tons of open sew time to work on projects you bring. Dinner together Friday night, and Saturday Brunch.

The cost is \$15 per person. At April guild meeting, turn in your retreat survey and pick up driving instructions; sign up for food assignments, and bring your \$15 to reserve your spot. Contact Shantelle for any further details: 657-0581, [princessquiltsalot@msn.com](mailto:princessquiltsalot@msn.com)



## ELEMENTS - DESIGN CHALLENGE 2008

### EARTH, AIR, WATER, FIRE

Our Element quilts are fantastic! Last month's element of appliqué really made the quilts blossom. This month we are to add a new element of quilting: BEAD EMBELLISHMENT.

This element will add interest and draw attention wherever it is placed. Be creative!

The participation prize this month was—you guessed it—a bag of glass beads.



Beads can be sewn on using a straw needle or a beading needle. You may want to use monofilament thread for your beading (comes in clear or smoke). Fine colored thread such as Superior Thread's "Sew Fine" or "Bottom Line" are also good

thread choices. Hand-quilting threads may be used as well.

Use your imagination and have fun!

Any questions, please email [princessquiltsalot@msn.com](mailto:princessquiltsalot@msn.com), or call Shantelle: 657-0581

### APPLIQUÉ CLUB

Lullaby Quilt Club / Appliqué 101  
Meet at 6:30 pm prior to guild meeting .

### CHARITY QUILTS



Several guild members completed quilt tops using blocks from last year's Instant Blocks class and are ready for the next step. Good work, ladies! These quilts will be donated or raffled for our favorite charities—Quilts \* 4 \* Cancer and local dialysis centers. We would love every member to be able to donate a

charity quilt this year—pieced or not, quilted or tied. Ask Crusan for a kit or supplies.

Also, pink fat quarters are still available from Wendy for \$5 each—benefitting the Susan G. Komen foundation for breast cancer.

Your Charity Quilt Committee,

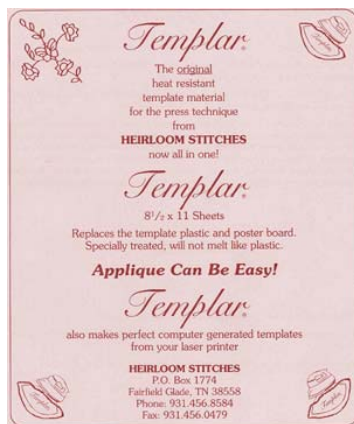
*Crusan Epps, Wendy Jones*

### COOL TOOL

Marilyn Toone's favorite template material: **TEMPLAR** by Heirloom Stitches. This heat resistant product will not melt, warp or distort even after multiple uses.

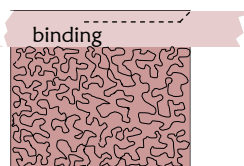
She gets hers for \$2.29 @ sheet at *Threads of Time* in Centerville, but you can order it online in packages of 6 sheets for as little as \$9. Try this website link:

[http://www.carolahles.com/books\\_products/sewing\\_tools\\_needles\\_main\\_page.htm](http://www.carolahles.com/books_products/sewing_tools_needles_main_page.htm)



### COOL TIP

**Connie Steadman's** Cool Tip to make perfect mitered corners on binding: Stop sewing exactly a seam-allowance distance away from the edge, then pivot with the needle down and stitch at a 45° angle off the point of the quilt.



Remove the quilt from the sewing machine, clip threads then fold binding up along the newly-stitched angled line. The binding is then folded back down even with the edge of the quilt and the sewing continues to within a seam allowance from the next edge. Repeat the process at each corner. Neat!

### FRIENDSHIP BLOCK EXCHANGE GROUPS

Friendship Block Exchange Groups are a great way not only to collect and try new patterns, but to make great friends. Be sure to stay on schedule so that everyone can stay FRIENDS!



#### GROUP #1: APR—CRUSAN EPPS

June: Barbara Odland, July: Sherron Watson, Aug: Kim Shannon, Sept: Shantelle Cox; RETURNS: Courtney, Wendy.

#### GROUP #2: APR—KAZUKO KING

June: Bethany May, July: Linda Beecher, Aug: Heather Epperson; RETURNS: Margaret, Beth.

#### GROUP #3: APR—DEBBIE PROCTOR

June: Paulette Adams, July: Twila Gutierrez, Aug: Patty Wilcox, Sept: Toni Tieg; RETURNS: Christy, Deonn

#### GROUP #4: APR—CONNIE STEADMAN

June: Nita Graham, July: Natalia Bonner, Aug: Liz Palmier; RETURNS: Jen, Rachel

### ROUND ROBIN

ROUND II — Round Robin blocks have been transformed with the addition of the first border. Round II is in progress, and we can't wait to see what happens next! Cat suggests using appliqué on this round, which opens up all kinds of possibilities.

Finish your border and bring it to April's guild meeting for the final trade. If you are unable to attend, send the quilt with someone else.

Good luck, ladies!



We're Online! Check out our guild WEBSITE:

[www.hebervalleyquilters.inwp.com](http://www.hebervalleyquilters.inwp.com)

and BLOG:

<http://hebervalleyquilters.blogspot.com>

## *Patchwork Press*

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## MONTHLY GUILD MEETINGS

Join us for our monthly  
guild meetings held on the

### ***FIRST THURSDAY***

of each month

7:00 pm. To 8:30 pm.

### **PLEASE NOTE:**

For the next few months,  
meetings will held in the  
Conference Room at the:  
***COUNTY SERVICES BUILDING***

**55 South 500 East**

**(North Door)**

**Heber City, Utah**

### ***APRIL 3RD***

### ***MACHINE APPLIQUE'***

### ***GUEST INSTRUCTOR***

***LIZZIE WITHERS***

### ***MAY 1ST-3RD***

### ***"QUILTIN' IN THE WOODS"***

### ***GUILD RETREAT***

### ***PLEASE BRING:***

- ✂ *Element Quilt with Beading\**
- ✂ *Round Robin with 2nd Border\**
- ✂ *Friendship Block\**
- ✂ *\$15 Retreat Dues\**
- ✂ *Sew & Tell items*
- ✂ *Quilted Name Tag*

*\*(if participating)*

