

# Patchwork Press

H E B E R V A L L E Y Q U I L T E R S

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IN REVIEW

**2008 Kickoff Meeting** put our spirits and expectations in high gear as we began the year with an almost overwhelming amount of exuberance about quilting. Kickoff meetings are like that—**crazy!!**

The guild welcomed ten new guests and members to our ranks. They must have heard how fun it is to have a personal cheering section as we learn new things and test our creativity.

KayeDawn introduced her theme for the year with this cute Lullaby quilt appliqué project, which served as her inspiration and motivation for us to learn and perfect our appliqué techniques. Even if you choose another pattern, the technique classes she has planned for us this year will give us confidence to tackle any appliqué project. If you were not in attendance at Kickoff and want to order a pattern for this quilt (\$9, a 50% savings) please contact KayeDawn at 654-0669, or email [epps0669@msn.com](mailto:epps0669@msn.com).

KayeDawn is instigating two more fun and motivating programs this year. First is the **“Finish a Project”** incentive. Finish (quilt, bind & label) any quilting project at least 36 x 36” and bring it to *Sew and Tell*. For each project you complete this year, including any new project you start and finish, you will be eligible to put your name in a drawing for the

grand prize—a gift certificate to *SEASONS OF HOME*—to be drawn at our Christmas Social in December.



LULLABY - 2008 GUILD QUILT PROJECT

The **Wooden Thimble** is a new incentive that will go to the “most improved” in appliqué this year. Nominations will be held at our annual business meeting in September, and the award will also be presented at the Christmas Social.

Cat Beckstead presented examples of the Round Robin and Friendship Block Exchange groups. These are both fun opportunities to make new friends, collect ideas and try new patterns each month. For details

regarding our exchange groups, download your copy of the *HVQ Guild Guide for New Members* from our website:

[www.hebervalleyquilters.iwarp.com](http://www.hebervalleyquilters.iwarp.com)

Shantelle Cox kicked off the annual Design Challenge (see article on page 2) and Guild Retreat plans for this year.

Be sure to mark your calendar and warn your family that you will be “Quiltin’ in the Woods” the first weekend of May. Paulette Adams will be teaching our retreat quilt project, Kaleidoscope Quilts.

Ladies, it looks like another great year for quilting!





## QUEEN BEE

**Beth Wegner** was born and raised in Portland, Oregon where she met her husband, Mike. Shortly after being married they both decided they didn't like their jobs and moved to Rexburg, Idaho, where her husband attended Ricks College. Beth found herself working at Porters - a local bookstore/craft store - climbing up the ladder to Accounts Payable Clerk. In 1986 they transferred to BYU where this Queen Bee attended Beauty School. After completing her certification she became an instructor for the Beauty College.

In 1990 she and her husband had their first child, Katelyn who is now 17. Midway became their home in 1991. Three more children joined their family - Dallin 14, Spencer 13, and Carly age 11.

Beth's other interests include spending time with her family, going on walks, hiking, camping, reading, singing in choirs, card-making and scrapbooking. She also spends time as the Mom-taxi, and doing the books for her husband's software company. And if you go in to *The Memory Box* on the right day, Beth will be the one to help you.

Beth has many fond memories of growing up under her grandmother's quilting frames. She started hand-quilting at a very young age helping where she could. When her children were young, Beth made little dresses for her girls, but didn't really enjoy it. Later, a friend got her hooked on cross stitching, which she really enjoyed for several years, until her last baby. She cried when she realized

that she had to make another cross-stitch Christmas stocking. Ü

Beth completed her first "I made it by myself" quilt in 1990. She particularly loves the piecing part - putting the puzzle back together. Almost all of her quilts are hand-quilted unless they are small enough for her to machine quilt. She was a member of the Midway Heritage Quilters, serving a term as president. She has participated in several County Fairs and enjoys displaying her works. Beth joined the guild this past year and enjoys the enthusiasm amongst the group, getting to know new people and how kind everyone is. She is looking forward to this year of appliqué to help perfect her skills. Check the guild BLOG to see some of Beth's quilts and projects.

## ELEMENTS - DESIGN CHALLENGE 2008

### AIR, WATER, EARTH, FIRE.

Elements of nature, and now elements of our 7th Annual Design Challenge.

Quilters drew one of these elements from a basket, and will use that particular element of nature as their

inspiration to design and piece a 14" to 19" quilt block (No appliqué).

Add a border 3" to 5" wide, and the quilt is ready for the next "Element of Quilting" which will be revealed at February's guild meeting.

Participation prizes will be given each month (Feb, Mar, April), and quilters will then have until June 5th to finish (quilt, bind, label) in time for our annual **Design Challenge Quilt Show**.

Design your own pattern or

use an existing pattern. If you were not in attendance at Kickoff and would like to participate, please contact Shantelle and she will draw an element for you. It's not too late to join the fun! [princessquiltsalot@msn.com](mailto:princessquiltsalot@msn.com), phone: 657-0581

## FABRIC CHEMICAL WARNING!

A recent study indicated that fabric gives off certain Pheromones that actually hypnotize women and cause them to purchase unreasonable amounts of fabric. When stored in large quantities in enclosed spaces, the Pheromones (in the fabric) causes memory loss and induces the nesting syndrome (similar to the one squirrels have before the onset of winter i.e. storing food), thereby perpetuating their species and not having a population loss due to their kind being cut into pieces and mixed with others.

Sound tests have also revealed that these fabrics emit a very high pitched sound, heard only by a select few, a breed

of women known as "QUILTERS". When played backwards these sounds are heard as chants, "buy me, cut me, and sew me".

In order to overcome the so called "feeding frenzy effects" that these fabrics cause, one must wear a face mask when entering a storage facility and use ear plugs to avoid being pulled into their grip. One must laugh, however, at the sight of customers in a quilt fabric store, with WWII army gas masks and headphones!

The buddy system is also another bad idea for protection, because two can be overcome as fast as one; relying on

someone with the same addition only leads both to total relapse.

Studies have also indicated that aliens have inhabited the earth, helping to spread the effects that these fabrics have on the human population. They are called QUILT FABRIC STORE CLERKS. It's also been experienced that these same Pheromones cause a pathological need to hide these fabric purchases when taken home (or at least blending them into the existing stash), and when asked by their significant other if the fabric is new, simply replying that they have been there for a while.

**M E N T O R S**

Volunteers willing to be a "help line" for HVQ members.

Cat Beckstead	657-2336	Appliqué specialist, library of resources, anything
Shantelle Cox	657-0581	Pattern design and drafting, anything
KayeDawn Epps	654-0669	Machine appliqué and machine binding
Michele Murdock	654-4917	Binding
Deonn Stott	654-4203	Precision piecing, paper-piecing, binding, anything
Sherron Watson	714-2107	Anything
Brenda Wilcox	657-0798	Anything

**F R I E N D S H I P  
B L O C K E X C H A N G E  
G R O U P S**

Here are the folks participating in Friendship Block Exchange groups this year. The first person in each group should come prepared with a pattern/instructions ready to pass to the other quilters in her group at February's guild meeting. Keep it simple: no appliqué please. A sample block or fabric swatches are helpful.



**GROUP #1: FEB:** WENDY JONES  
 Mar: Courtney Von Holtum, Apr: Crusan Epps, June: Barbara Odland, July: Sherron Watson, Aug: Kim Shannon, Sept: Shantelle Cox

**GROUP #2: FEB:** BETH WEGNER  
 Mar: Margaret Schloss, Apr: Kazuko King, June: Bethany May, July: Linda Beecher, Aug: Heather Epperson

**GROUP #3: FEB:** DEONN STOTT  
 Mar: Christy Watt, Apr: Debbie Proctor, June: Paulette Adams, July: Twila Gutierrez, Aug: Patty Wilcox

**GROUP #4: FEB:** RACHEL CRANE  
 Mar: Jenny Rowser, Apr: Connie Steadman, June: Nita Graham, July: Natalia Bonner, Aug: Liz Palmier

**ROUND ROBIN PARTICIPANTS**

Please bring your center block to February's guild meeting. Make one block no larger than 12-1/2" (12" finished). Your block will be given to another participant who will add the first border. You will receive someone else's block to add a border. You will then have one month to add the border and return the quilt to be exchanged for Round II. Round Robin quilts will be exchanged in March, April and June.



**APPLIQUÉ CLUB**

For all those who would like specific hands-on instructions for the Lullaby quilt, or just practice your appliqué techniques and have a general good time, we will be getting together prior to each guild meeting at 6:00 pm.

**C H A R I T Y Q U I L T S**



Heber Valley Quilters have the opportunity to make and donate charity quilts to give a hug to someone special.

Most of the quilts donated are crib or lap size, about 40" x 60". Right now we have about 130 quilt blocks ready to piece into several quilt tops, and we would encourage everyone to participate in one phase or another to finish these quilts. Brenda Wilcox (657-0798) has one in her

basement ready for hand-quilting.

In addition, we would invite each guild member to make a simple charity quilt (pieced or tied) that can be donated to a dialysis center or QUILTS\*4\*CANCER, for young children with cancer.

Thanks in advance for all of your generosity!

Your Charity Quilt Committee,  
 Crusan Epps, Wendy Jones

We're Online! Check out our guild WEBSITE and BLOG:

[www.hebervalleyquilters.inarp.com](http://www.hebervalleyquilters.inarp.com)

and

<http://hebervalleyquilters.blogspot.com>

**A P R E V I E W**

What's all the fuss about labels? And what exactly is needle-turn appliqué? Join us for the answers to these and other vital questions on February 7th at 7:00 pm.

Documenting your quilt is the final step to finishing! Shantelle Cox will discuss making your own labels to tell the story of your quilt.

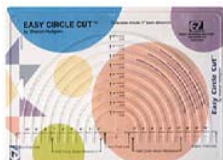
Cat Beckstead will guide us through our first appliqué quest, demonstrating the "NEEDLE-TURN" method. This traditional technique will give us all a good foundation to build on for the rest of the year. Bring a square of background fabric and a couple of scraps of print fabric; a needle, thread, scissors. Advance preparation: check your email for a pattern to trace onto freezer paper. Or come to guild a few minutes early and we will have the patterns and freezer paper available.

**C O O L T O O L S**

This month, Sherron Watson shared one of her favorite tools, the EASY CIRCLE CUT plastic template by Sharon Hulgren. This acrylic template can be used to make multiple-sized circles and half circles. Some quilt

applications include Drunkard's Path designs, Raw-edge appliqué as Sherron used in her soft-edge appliqué projects. Use the tool for pieced circle blocks, yo-yos, and etc. Sherron also uses this tool

for scrapbooking. The possibilities are endless!



**See you there!**

## HEBER VALLEY QUILTERS

*Patchwork Press*

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## MONTHLY GUILD MEETINGS

Join us for our monthly  
guild meetings held on the

**FIRST THURSDAY**

of each month

7:00 pm. To 8:30 pm.

### PLEASE NOTE:

For the next few months,  
meetings will held in the  
Conference Room at the:

**COUNTY SERVICES BUILDING**

**55 South 500 East**

**(North Door)**

**Heber City, Utah**

**FEBRUARY 7TH**

**QUILT LABELS**

*Instructions by Shantelle Cox*

**NEEDLE TURN APPLIQUE'**

*Demonstration by Cat Beckstead*

**MARCH 6TH**

**STARCH APPLIQUE'**

**GUEST INSTRUCTOR**

**MARILYN TOONE**

### PLEASE BRING:

- ✂ *Scraps of fabric for appliqué lesson  
(8-1/2" square background, scraps of  
print fabrics, needle, thread, scissors.)*
- ✂ *Element Quilt*
- ✂ *Center Block for those participating in the  
Round Robin Exchange*
- ✂ *Sew & Tell items*
- ✂ *Quilted Name Tag*

