



# Quilting Bees

## President's Message

I am so excited to be a quilter. There is not a day that goes by that I do not do something with quilting. I have my stuff readily available in my room and most of the time I am pattering away at something. In fact, today, I told my friend that I did not do anything that dealt with quilting... and guess what, here I am writing this month's president's message about my favorite topic... QUILTING!

For Christmas I received a huge book from my husband. It was all about the history of quilts and quilting. I just now got a chance to sit down and review its contents. The book is very informative about lots of different things; but, what I loved and walked away with, was the knowledge that this "art" form influenced and affected so many people. Quilting, throughout time, has been mastered by people of all colors, religions, ethnic backgrounds and ages; not to mention, the diverse circumstances that quilting was constructed under.

I think of how lucky I am to be able to quilt for fun and for charity. Unlike our ancestors who quilted for warmth, bedding and, often

times, out of necessity. But, I also think that those ladies had just as much fun conversing and sharing ideas around the quilting frames as we do today at our various quilting groups, meetings and bees.

I had a conversation with a friend and we both felt that if you find a quilter any place you might be, that you would instantly find a friend. Think back to your own experiences of when you met someone and found out you both quilted. The excitement of talking about fabrics, patterns, quilting stores, teachers, etc... could or did keep you there for hours. I especially love talking to new quilters. They are the best!

One thing that often comes up when I talk about quilting with people is style. I get asked the question "What is your style of quilting?" I finally had to think about this question and look at the quilts that I have done. I have to say that my "style" leans towards a more traditional and scrappy look and feel.

My very first quilt was the Dresden... I loved the look and tried to use old

fabrics. Other patterns that I have made are the Double Wedding Ring, Grandmothers Flower Garden, Flying Geese, Hour Glass, and lots of Basket quilts. I am also drawn toward quilts with lots of appliqué. Some of my favorite patterns are: Rose of Sharon, Rose Wreath and any Baltimore Album quilt. I will occasionally venture out and do a fun quick quilt or project to spice up my life and my quilt collection.

It's fun to go into the quilt stores and see other projects that are being done with the fabrics designed for quilting. I especially love the purses and aprons. I have asked Linda Beecher to come and share her ideas with us on how to use our scraps or stash and incorporate them into fun projects. I am excited to see what she will share with us.

We are so lucky to have many talented quilters and women in our Heber Valley that are willing to share their knowledge with us. Keep up the good work ladies, I know we are all busy with life... but we can never be too busy to quilt. RIGHT?

*Sherron*

## April Guild Meeting Preview



**BEE DIFFERENT...** LINDA BEECHER has an exciting night planned for us as she gives us ideas to use our scraps for quilting and other projects. She will explain the theory of scrap quilting, how to save and

prepare scraps, how to achieve a "unified" look to your quilt, and planning scrap projects. Linda will also share some examples from her collection, some of her favorite "inspiration" books, and a free pattern!

See you next Thursday!



## Queen Bee ~ Joan DeFriez



Joan has lived in Missouri, Wyoming, California and Utah.

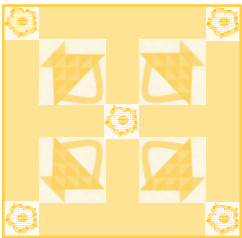
She has lived in Heber for 32 years, and all six of her children graduated from Wasatch High School. She has five grandchildren. Her children live in Utah, Colorado and Oregon. Her youngest son has chosen the Army for his career and is presently serving in Iraq for the third time.

She started constructing her own clothes as a teenager and later made her children's clothes. She started tying quilts when her children were young and joined the Heber Valley Quilters about eight years ago.

She has been involved in singing with trios, choirs and groups as well as singing with her brothers and sisters most of her life. She also plays the piano and organ and some guitar. All of her children had piano lessons and they all play guitar and sing.

When her children were young, Joan attended BYU and received a bachelor's and master's degree in business, accounting and administrative management. She has worked in Park City for over 25 years and now has clients for whom she performs office work, bookkeeping and any other office needs.

Although she doesn't have much time to piece quilts, Joan enjoys making quilts for every season to decorate her home, and loves to give quilts as gifts. We all enjoy Joan!



## Design Challenge Bee 2009

**Quilting is all about FRIENDS...** This year's Design Challenge features "Baskets of Friendship".

At our March Challenge Bee, we exchanged our Baskets of Friendship and received instructions to guide us toward our challenge quilts. Using the block you received in the exchange as your design inspiration, make at least three more 9-inch finished size basket blocks. Set the blocks together with sashing and borders as desired. Quilt. Bind. Label. Bring your challenge quilt to the Design Challenge Quilt Show on May 7th at 7:00pm. Everyone who brings a challenge

quilt to display (finished or not quite so) will receive a participation prize.

Please note: there will not be a formal Challenge Bee meeting on April 2 or May 7 at 6:30pm. However, Shantelle will be available to help anyone during that time. Just bring your challenge quilt and questions. It is also a time that you can come and work on your quilt—even if you don't need help but just need some time to yourself to work on it. If you need help with your quilt, feel free to call or email Shantelle: [princessquiltsalot@msn.com](mailto:princessquiltsalot@msn.com).

Finishing Bee

Project to complete  
by April Guild  
meeting:

#2

## Finishing Bee

Every quilter has them: UFOs—UnFinished Objects taking up physical space in the sewing room and mental space that most busy quilters can ill afford to spare. Here is another tip to help you transform UFOs from clutter that only gathers dust into treasures that gather memories.

### Set Manageable Goals ~ Work 15 Minutes at a Time

One of the great things about quilting is that you can actually make progress by working on your project a few minutes at a time. In fifteen minutes you can sew together a stack of quilt blocks, or cut all the binding strips you'll need for your top, or pin baste a good-sized section of the quilt sandwich.

Give yourself permission to take baby steps towards getting your quilt done.

Even 15 minutes a day will get you there much faster than standing still!

If you haven't done so and would like to join the Finishing Bee, write down a list of eight projects, make a copy of your list and give it to Bethany May at guild meeting, along with a fat quarter to join the club. (Please note—get project #2 finished by next week's guild meeting.) Any questions? email Bethany:

[jayandbethany@hotmail.com](mailto:jayandbethany@hotmail.com)



## Charity Projects

The Guild's main charity project this year is to collect money to help women in third world countries provide for their families. World Vision is a

wonderful organization, and we can donate money for a sewing machine through their company.

Poverty-stricken girls and women — including orphans, HIV-positive widows, and single mothers — are often unable to support themselves and their families. Our gift will provide a sewing machine and training to help a girl or woman in a

country like Albania, Bosnia, or Indonesia to achieve self-sufficiency and hope for the future.

Promise from World Vision: **"We promise to honor your generosity and use your donation in the most**

**effective way possible. The suggested donation amounts are based on periodic surveys of the countries we serve. Donations will be used to provide assistance where it is needed most."**

Our goal is to reach \$270.00 by the end of the year — that is enough to provide one sewing machine. The suggested donation amount is \$1. A fun way to remember to donate would be to put in \$1 for each Sew & Tell item you bring. Look for the cute little house at guild meeting to put your donations in.

Remember to bring your dollars or loose change rattling around in the car or junk drawer, and help us fill the house \$1 at a time, reach our goal, and make a difference in someone's life.

"Bee Charitable"... and thanks!

*KAYEDAWN & CRUSAN*



ONGOING : LIKE TO MAKE QUILTS FOR CHARITY? DONATIONS OF LAP-SIZED QUILTS FOR DIALYSIS PATIENTS WILL BE ONGOING THROUGH 2009. CONTACT CRUSAN FOR MORE INFORMATION.

## Sew... you want to be a Quilter...



Any quilter worth her salt has what is called a "stash". A stash is an enormous quantity of fabric that will probably never be used. A stash is priceless. Just as fine art collectors view their paintings, quilters look at their stash several times a day.

But how does a stash begin? Well, the newbie quilter ambles in to her local quilt shop with the specific goal to select fabrics for a lap blanket. First there is the once over, looking at every bolt of fabric. Then there is the critical decision on what will be the inspiration fabric. (Mind you, at this point an hour and a half has passed.) And finally the selection of fabrics that work harmoniously with the inspiration fabric. While the fabric is being cut, the quilter has time to browse. She spots the bins of Fat Quarters. Entranced she walks over to the bins and starts choosing her favorites. Without thinking about price she takes five stacks of fabric bundles.

Adding to the stash is not as simple as adding new Fat Quarters on the top of the pile. There is a ritual to be acted out — the petting, refolding and resorting of the entire collection, followed by a half hour of silent contemplation while staring at all that color. Stashes are organized by color and by theme. For instance, all holiday prints will be together (sub-organized by the specific holiday). You can't mix the holidays together — no Halloween prints spooning with Easter prints. Horrors.

Then the husband walks in, looks around at the room full of fabric and says, "Hmmm, I'll bet you have about \$100 worth of fabric here."

Without batting an eye, you look back sweetly at him and say, "I'll bet you're right."

...“Hmmm, I’ll bet you have about \$100 worth of fabric here...”

## Quilting Bees

Heber Valley Quilters  
2009 Calendar

January 8  
**Bee Informed**

February 5  
**Bee Precise**

March 5  
**Bee Daring**

April 2  
**Bee Different**

May 7  
**Bee Challenged**

June 4—6  
**Bee with Friends**

July 9  
**Bee Unique**

August 6  
**Bee Adventurous**

September 3  
**Bee Creative**

October 17  
**Bee Surprised**

November 5  
**Bee Done**

December 30  
**Bee Merry**

## Round Robin Bee



March: Round 1—Bring your Center Block for the initial exchange. Receive someone else's block to add the first border.

**April: Round 2—Return Round 1 block with first border added, give to Cat to exchange for someone else's.**

May: Round 3—Return Round 2 quilt with second border added; exchange again. This time you will

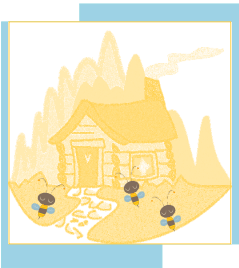
have two months to add the final border—no RR Bee in June due to Guild Retreat.

July: Round 4—Return Round 3 with final border added for the big reveal; return to original owners! Yeah!

For inspiration, check out some past examples, visit our guild blogspot or website.

<http://hebervalleyquilters.blogspot.com>

[www.hebervalleyquilters.iwarp.com](http://www.hebervalleyquilters.iwarp.com)



## Bee With Friends

Our guild retreat is coming up! It is time to start getting ready. There will be two classes—a mystery quilt by Cat and quilted sweatshirts by Beth and Shantelle. Material/supply lists for the classes will be available at the April guild meeting. We will also have plenty of open sew time to work on whatever projects you bring. The cost of the retreat is \$15.00. This money pays for retreat goodies, Friday night main dish and utilities at the retreat cabin. More information and a survey for the retreat will be handed out in April with the survey and retreat fee due May 7. If you have any questions about the retreat or the classes, please email Shantelle:

[princessquiltsalot@msn.com](mailto:princessquiltsalot@msn.com). Thanks!!

*~Shantelle*

## Monthly Meetings

Join us for our monthly  
guild meetings held on the

**FIRST THURSDAY**

of each month

**7:00 p.m.**

**COMMUNITY ROOM**

**AMBank Building**

**620 West 100 South**

**Heber City, Utah**

See you soon!

Quilting Bees








Next Meeting:

April 3rd

**Bee Different**

...getting "Scrap-Happy"

Please Bring:

-  Sew & Tell items
-  Finishing Bee item #2, or fat quarter to add to the pot.\*\*
-  Round Robin with first border added, ready to trade\*\*
-  Quilted Nametag
-  \$\$ and spare change for charity

\*\*If participating

Next Month:

May 7th

**Bee Challenged**

Design Challenge Quilt Show  
&  
10 Year Guild Anniversary Party

