



Summer Dreams

Scrapbook



Quilting at Cat's Cabin



A Preview—Raggedy Reverse Appliqué

Bethany May will be teaching really easy and fast technique called Raggedy Reverse Appliqué. She will have a sample for everyone to work on and take home, so please bring a pencil to take notes and also

your fabric scissors. It is all about being creative. If you can draw it, you can make it into a block!

See you there!!



Quilting and Healing

Sewing with friends and family stitches hearts together. The process of learning, creating and sharing as we quilt together can help each one of us make it through another day and perhaps the next day will be easier.

It is wonderful that interwoven in our exchange of ideas and how-tos, we can slow down and say, "Today my heart is sad" and know that others are there to support us in our effort to continue on. There is something

healing about being together in the sisterhood of other quilters, creating something beautiful.

Quilting also allows the opportunity to give a part of ourselves to our family and our friends. We can prop each other up and keep on going even though we have different backgrounds and may have a large span in our ages.

Finishing a quilt that my mother had started shortly before her death was a healing process for

me, and way of connecting with my mother. Finishing her quilt is what began my quilting journey, and I often think about her and my other grandmothers when I am sewing—they would have LOVED all the new toys and gadgets.

So we quilt on, we quilt together, and we share common threads that stitch our lives and hearts together. And meanwhile, the quilt we have created is not simply cloth, batting and thread, but something truly beautiful.

~Deonn Stott

Finishing Bee Participants:

Plan to meet together for a couple of minutes following regular guild meeting

Finishing Bee

Projects to
complete by
NOVEMBER'S

Guild meeting:

#9

Finishing Bee



Every quilter has them: UFOs—UnFinished Objects taking up physical space in the sewing room and mental space that most busy quilters can ill afford to spare. Bethany talks about reducing her UFO "STASH."



As I became more involved in quilting, I heard everyone talking about using fabric from their stash for projects or for charity quilts. I thought that a "stash" was a large supply of quilting materials. Mostly fabric but maybe some odds and ends like extra binding strips, batting or pins and needles.

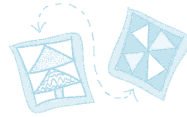
However, since we began the Finishing Bee I have realized that some of us have a different kind of stash. A stash of UFO's. That's right, those once loved and anticipated projects that got left behind when the next new idea came along. Some of these projects might have several blocks done or most of the pieces cut out or maybe just the pattern and the fabric choices organized and

tucked away into what ever box or drawer we could find.

Whether we are trying to save money or prove to our spouse that we are actually using it, we often go shopping in our stash for pieces of fabric to add to the newest project we are working on. So why not see if there is a "kit" in our stash that we can finish. One of those UFO's that have all the pieces just waiting to be put together. Even if it is the "ugly" one or the out dated one. Before you go to the store or look on line, double check your stash of "kits" and see if there is anything there you can work on. Then, when you go shopping you can look for something to use with your "kit" not add to your stash.

Bethany May

Friendship Block Exchange



Tamara



Liz



Natalia

By next week's guild meeting, each Friendship Block Exchanger should have six blocks completed. (Natalia and Liz both had a collection of miscellaneous blocks to exchange—so yours may not be the same as these...)

There are still a few participants (including myself—so this is a note to me...) that have not turned in their pattern or instructions to Cat. Be sure to turn them in soon—you don't want to miss out on the fun!



Shantelle



Sherron



Beth

Membership

Queen Bee	Member	Phone
	Kandy Adams	654-4003
Jan-07	Paulette Adams	654-5918
	Sheila Agnew	
Feb-06	Cat Beckstead	657-2336
Oct-07	Linda Beecher	654-1818
	Natalia Bonner	503-1067
Apr-08	Cathy Brand	654-5325
May-05	Shantelle Cox	657-0581
Jul-05	Rachel Crane	654-7038
Mar-09	Joan DeFriez	654-2124
Sep-08	Tamara Ellis	654-4045
	Beth Emmett	801-830-2641
Feb-08	Heather Epperson	654-1226
Mar-07	Crusan Epps	654-5077
Feb-07	Kaye Dawn Epps	654-0669
	Maurice Erickson	435-327-0444
Jul-08	Nita Graham	657-3294
	Wendy Hall	657-1544
	Carol Hunt	760-413-1324
Apr-07	Wendy Jones	435-714-1975
July-09	Kazuko King	480-221-2790
	Vicky Larsen	657-0212
Oct-06	Tricia Livingstone	657-0955
	Tricia Mathis	654-9807
	Bethany May	435-512-4971
	Ann McEuen	654-2717
Nov-09	Fran McGrath	654-7113
	Cathy McNeil	435-783-4811
	Suzanne Mertlich	657-0456
	Bonnie Mitchell	435-783-4417
Sep-06	Barbara Murdock	654-0656
	Michele Murdock	654-4917
Mar-06	Barbara Odland	435-645-9145
Aug-08	Liz Palmier	671-0913
	Julie Peters	801-915-5062
Oct-05	Debbie Proctor	671-0249
	Ruth Reese	654-0398
	Jennifer Rowser	657-2645
Apr-05	Margaret Schloss	654-2876
	Kim Shannon	654-6472
	Sally Siggard	654-1320
Nov-08	Stella Sinnot	654-5250
Feb-05	Deonn Stott	654-4203
	Susan Turpin	657-9542
Sept-06	Sherron Watson	435-714-2107
	Angie Watson	435-785-8632
	Christy Watt	654-2888
Feb-08	Beth Wegner	657-1532
	Cindy Whiting	801-756-3066
	Kathleen Whiting	654-2343
Jun-06	Patti Wilcox	657-1777
	Timpi Williams	654-2130



Sew... you want to be a Quilter...



BLOCK CENTRAL has a great site for some fun and quirky organizational tips. Check these out:



Save your old prescription bottles and put a small hole in the lid to put your hand quilting or appliqué thread inside. It keeps it clean and is easy to pick up if you drop it. Great if you work when traveling.



You know those little tubes that contain miniature M&Ms? They're just the size to hold bobbins... about five bobbins. Fill them before going off to sew and they're ready to use and don't unravel in the sewing kit. You could also use them to store buttons, needles, or anything small that could get misplaced. Now you have an excuse to buy more chocolate...



Those 7 day pill organizers make great bobbin holders, when getting ready for a project or class.

Check the Block Central website for more tips from readers:

<http://www.blockcentral.com/tips-organization.shtml>

Now you have an
excuse to buy more
chocolate...



Subscription Fundraiser

Announcing a unique opportunity to raise a little extra money for our guild and to have a great magazine come to your home for a year. As a bonus, you will also receive two gift booklets and two spools of thread for new subscriptions or renewals through this program.

The cost is \$20; \$5 stays with the guild. Purchase subscriptions or renewals for yourself, family or friends and they can be shipped anywhere in the US. If you are renewing, your current subscription will continue uninterrupted.

As a note of interest, last year around 25 people participated, and generated \$125 for our guild. Renew again this year when your subscriptions expire, and help with the fundraiser again! (Bee Helpful!)

Subscription sheets will be available at guild meetings. Make your check payable to Heber Valley Quilters for \$20. Your first issue will arrive in six to eight weeks. See Shantelle Cox for details, or call 657-0581.

~Shantelle

Monthly Meetings

Join us for our monthly
guild meetings held on the

FIRST THURSDAY

of each month

7:00 p.m.

COMMUNITY ROOM

AMBank Building

620 West 100 South

Heber City, Utah

See you soon!

Next Meeting:

November 5th

Bee Done!

Raggedy Reverse Appliqué
by Bethany May

Please Bring:

Scissors

Sew & Tell

Quilted Nametag

Next Month:

December

Christmas Social

