# **HEBER VALLEY QUILTERS**

# EXTCHWORK PRESS

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# HOO'LL sew with me?

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Don't Forget your Name tag!

Join us for our monthly guild meeting, Thursday, April 11 7:00 p.m. @ The AM Bank Building







Half Square Triangles Paper

Superior Threads in St. George

# PRESIDENT'S MESSAGE

I hope everyone had a good Spring Break. We stayed in town and didn't do a lot except work. I did go to St. George the week before Spring Break and I got a chance to stop by the new Superior Threads Fabric Store. Can I just say "Loved

It". They had a great sale on Riley Blake Precut Fabrics so I picked some up. It will be fun to work with. The weather was great, we went down for my daughter to compete at a Dance Competition. She took

1st place in her solo dance. We have been busy with Missionaries again. My oldest son left the Provo MTC and made it to Sapporo Japan. And my younger son got his mission call to Antofagasta, Chile and he leaves June 19th. It's really a busy time at my house with all teenagers and one married daughter living at home with her husband and son. I haven't had a lot of time to sew, I looking forward to dusting off my machine

and loading up a bobbin and sewing something.

This week don't forget a couple of things. First, remember your monthly block, this month was the Celtic Twist, I just

> finished making mine and it was kind of a fun almost puzzle type of a block. Second, make sure to bring your Half Square Triangles for the Design Challenge. Sally Siggard will be giving all the rules for the Design Challenge

and we will exchange the blocks that we made with the others doing the

challenge. Remember to put a dark and light fabric together and sew it on the paper we gave you at the retreat. If you didn't get one, Sally can get you a paper. Please support us with this challenge. It is something to help you guilting skills grow. I always look forward to seeing all the different ideas people come up with.

See you owl Thursday! Beth Wegner

# Organization

President Beth Wegner

Vice-President/ President Elect Amber Sission

Secretary/Treasurer Carol Hunt

> Newsletter Patty Wilcox

> Webmistress Deonn Stott

Blogmistress Tamera Ellis

**Charity Quilts** Debbie Proctor

Who's Who Coordinator Timpi Williams

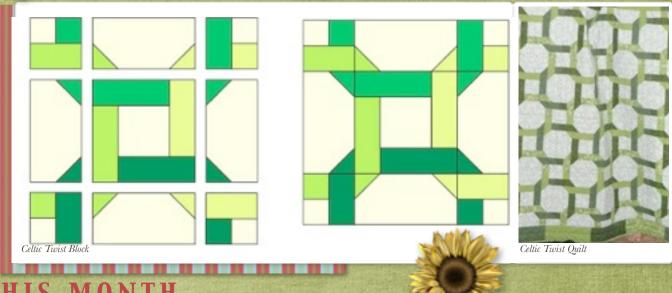
Retreat Chair Beth Emmett

Design Challenge Sally Siggard & Rachael Crane

> Door Prizes Celini Richins

State Representative Barbara Murdock





## **BLOCK OF THE MONTH**

Have you made your block yet? The Pattern is a Celtic Twist. You will earn 2 "Owl Bucks" for each block you turn in. Earn as many "Owl Bucks" as you can for our block auction in December.

### HISTORY OF CELTIC TWIST

The use of interlace patterns had its origins in the artwork of the late Roman Empire. Knot patterns first appeared in the third and fourth centuries AD and can be seen in Roman floor mosaics of that time. Interesting developments in the artistic use of interlaced knot patterns are found in Byzantine architecture and book illumination, Coptic art, Celtic art, Islamic art, Medieval Russian book illumination, Ethiopian art, and European architecture and book illumination.

Spirals, step patterns, and key patterns are dominant motifs in Celtic art before the Christian influence on the Celts, which began around 450 A.D. These designs found their way into early Christian manuscripts and artwork with the addition of depictions from life, such as animals, plants and even humans. In the beginning, the patterns were intricate interwoven cords, called plaits which can also be found in other areas of Europe such as Italy, in the 6th century. A fragment of a Gospel Book, now in the Durham Cathedral library and created in northern Britan in the 7th century, contains the earliest example of true knotted designs in the Celtic manner.

Examples of plait work (a woven, unbroken cord design) predate knotwork designs in several cultures around the world, but the broken and reconnected plait work that is characteristic of true knotwork began in northern Italy and southern Gaul and spread to Ireland by the 7th century. The style is most commonly associated with the Celtic lands, but it was also practiced extensively in England and was exported to Europe by Irish and Northumbrian monastic activities on the continent. J. Romilly Allen has identified "eight elementary knots which form the basis of nearly all the interlaced patterns in Celtic decorative art" In modern times Celtic art is popularly thought of in terms of national identity and therefore specifically Irish, Scottish or Welsh. (Taken from Wikipedia)

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NEWS FROM THE STATE GUILD



# **HMQS**

May 9-11 is the Home Machine Quilting Show in Sandy, an event that you do not want to miss. www.hmqs.org If you do not have a brochure, Barb Murdock has lots of them.

# SUPERIOR THREADS

Superior Threads invites you to an evening with Alex Anderson in St. George on May 24 at the Abbey Inn. Cost is \$5.00 per person and seating is limited. If you are interested in attending, please contact Superior Threads at 435-652-1867. Alex will be presenting a trunk show of her quilting odyssey.

# **CANCER BLOCKS**

The packets to make another cancer block have arrived. This year we have a choice of three pink batik fabrics. Purchase one or more and then make a block with a flower on it. If you are not familiar with this event, the quilters purchase a kit for \$5.00, make a 6 or 12 inch block, then turn it in at Quilt Fest. The blocks are then made into quilts and other items and auctioned off and all of the money raised will be presented to the Garfield Memorial Hospital Mobile Mammography unit that sends a bus out to all of the women in the rural part of

Southern Utah that might not otherwise have a chance to get a mammogram. There will also be a viewers choice award given for the best block turned in. Barb will bring these to the retreat in March.

# SHOP HOP BUS

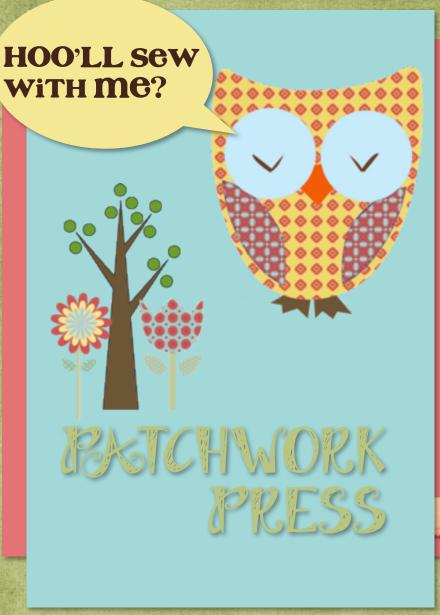
In June, the Utah Quilt Guild is planning on chartering one or more buses to go shop hopping on one day of the shop hop, June 13-16. Most likely it will be on Saturday. This will be for Utah Quilt Guild members only. If you think you would be interested in participating in this event, please let Barb Murdock know so that we can turn in some numbers to the president. The cost will be \$10.00 each for the entire day. They will try and go to as many stores as possible. Most likely you would have to meet the bus in the Salt Lake or Provo area.

# **QUILT FESTIVAL**

Quilt Festival will be held at the Zermatt Resort in Midway October 8-12.. The brochures will be mailed to all of the members in May.



Barbra Murdock, State Guild Representative



Checklist of things to bring this month:

- √Name tag
- **√**Celtic Twist Blocks
- **√**Half Square triangles
- √Sew'n'tell Items



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