



Sew Tiny

By Deonn Stott

A Teeny-Tiny Foundation Paper-Piecing Lesson
& Instructions to make a Key Fob

The "FootSTePS"

of FOUNDATION PAPER-PIECING

A creative quilting method used to achieve accurate, detailed shapes in quilt blocks using a "sew-by-number" technique.

PAPER-PIECING PREPARATIONS:

Keep at least one MASTER copy of each of the foundation paper piecing designs for future use. Something to keep in mind: the blank side of the pattern is the front, and the printed side is the back, so you are constructing a mirror image of the pattern. Each pattern piece is numbered. Begin with section #1 and work sequentially.

- 1) **CUT and CREASE.** Rough-Cut apart the units, then take a moment and PRE-CREASE all stitching lines on each pattern you will be using.
- 2) **GLUE*** the first fabric piece right side up on the BLANK side of the foundation paper pattern covering the first section. Hold the pattern over a light source to see that each edge of that section is covered with a generous seam allowance.

*TIP: Use a washable glue stick. For easier removal, glue the paper, not the fabric.

- 3) **STITCH LENGTH.** Reduce the stitch length in your sewing machine to 1.8 mm.
- 4) **NEEDLE.** Begin with a fresh needle: Universal, size #80/12 will work well.

Continue with the following simple "FootSTePS":

The "FootSteps"

- FOLD.** With *printed side up*, FOLD the foundation paper back along the line between section 1 and section 2.
- TRIM.** For miniature paper-piecing, trim seam allowance to 1/8" between sections. If using an Add-an-Eighth ruler, align the lip of the ruler against the folded edge and trim off any excess.

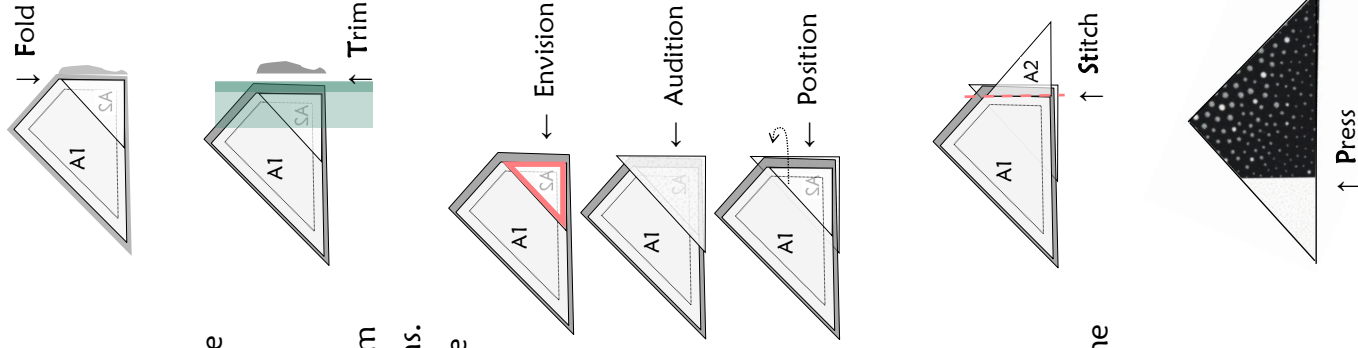
**Next, select fabric for the next section. Take a moment to E. A. P.!

***Envision** the next section to be covered with fabric.

***Audition** fabric to cover over that section (right side up).

***Position** the fabric with right sides together at the bottom of the pile, aligning with the trimmed edge.

- STITCH.** Unfold the paper to reveal the printed stitching line. Stitch, beginning about 1/4" before the line starts, ending about 1/4" past the end of the stitching line.



Smile! *Ü*

- PRESS.** Now you may flip the unit over. Clip threads, then REMOVE from the sewing machine. Press the fabric to cover over the section intended.

5) **SMILE!** You did it!

REPEAT these "FootSteps" with each section, working in sequential order (1-2-3-4 etc.) until the unit/block is complete.

NOTE: You may need to perforate the paper through a previous line of stitching to make the next fold for step 1. Work carefully, take it slow.

When the block is complete, TRIM the outer edges, leaving 1/4" seam allowance all the way around the unit. REMOVE the paper.

FootSteps = Fold * Trim * Stitch * Press * Smile!



"Sew Tiny" Key Fob

This exquisite little paper-pieced key fob is constructed with 3/4" finished size blocks using foundation paper-pieced miniature blocks. It's just so, "sew" tiny and adorable!

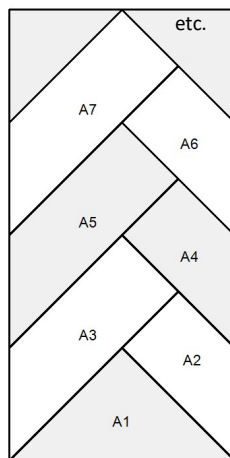
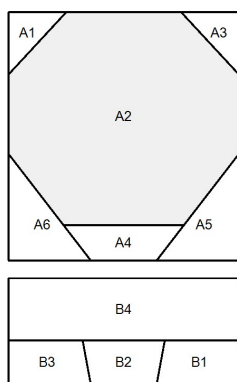
Use the pattern to make key fobs, handles, miniature quilts, lanyards, bag accents and more!

Supply List:


- ◆ Colorful scraps and small prints approximately 2-1/2" square
 - ◆ 1/8 yard—Background
- ◆ 2-1/2" x 14" strip—Binding/Backing
 - ◆ 1-1/4" x 14" strip flannel—Lining
 - ◆ Key ring or swivel hook
 - ◆ Washable Glue Stick
- ◆ Recommended: Add-an-Eighth Ruler by CW Designs

Instructions

Use the small templates (page 4) for construction, and the MASTER PATTERNS ↓ as a reference for numbering.



- 1) CONSTRUCT one strip of flying geese, one hot air balloon and one basket.
- 2) LAY OUT blocks as pictured, adding a 1-1/4" square of background fabric as a spacer at the bottom of the strip. STITCH together, using 1/4" seam allowances.
- 3) MEASURE the length of your pieced strip, then CUT a strip of fabric to that measurement.
- 4) STITCH the plain strip to the top of the hot air balloon block.

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- 5) MEASURE your completed strip then CUT a strip of flannel 1-1/4" wide x the length of the strip. CUT a binding/backing strip 2-1/2" wide x to the same measurement.
 - 6) LAYER your pieced strip over the flannel strip and baste together using a scant 1/4" seam allowance.
 - 7) ALIGN the binding/backing strip with right sides together over the pieced strip and STITCH down one side, through all layers, using 1/4" seam allowance.
 - 8) Next, TRIM seam allowance to 1/8 inch (all 3 layers). Also trim the seam allowance on the opposite side to 1/8 inch.
 - 9) PRESS binding strip away from the pieced strip. Then fold the strip around the back side (see Fig. 3). The strip now has one side bound, and the binding also serves as the backing. PRESS binding/backing flat.
 - 10) TRIM excess backing so it sticks out about 1/2" away from the side of the lanyard that is unbound.
 - 11) FOLD the raw edge of the binding strip over about 1/4" or so then bring it up and around to the front of the lanyard. ALIGN the folded edge just over the basting stitches at the edge of the pieced blocks. Use a glue-stick to secure.
 - 12) EDGE-STITCH the binding in place, then edge-stitch the other side to match.
 - 13) ADD HARDWARE. KEY RING or SWIVEL HOOK: Slide a key ring or swivel-hook over one end of the key fob. Fold the key fob with right sides together, then STITCH across the bottom and zig-zag the raw edges. FLIP the key fob to enclose the raw edges, then move the key ring or swivel hook to center over the bottom seam. STITCH as close as you can next to the ring. Backstitch. Load up your keys and go!