



# Heber Valley Quilters

Inspire ~ Create ~ Share

September 2023

## *A Note from the President*

**ANNOUNCEMENT** ~ September's guild meeting has been moved and will be held at the Heber City Police Department Building, in the Community Room, 301 South Main, Heber City, from 6:30 to 8:30 p.m.

### *What's new?*

This summer has flown by so quickly, hasn't it? I hope your summer has been filled with wonderful family fun, maybe a little travel, and time to try something new.

For the first time in about 10 years, we attempted to grow a garden. It's a cute little patch with a few grow boxes, a couple of rows of potatoes and corn, some tomatoes, beans, onions, a pumpkin and a banana squash we call Seymour that are doing rather well - and other things like peas, lettuce, spinach, broccoli, zucchini, Swiss chard, carrots and a cucumber that have barely produced enough for a handful of snacks, but they were still tasty, and it has been fun to walk out and pick dinner from the garden. We've tried a few things that worked, and learned what we can do to improve the next time.

I've been thinking about the saying "you reap what you sow", and how that pertains to quilting. I love the fact that when you make a quilt, the return is not always what you expect, but you certainly learn as you go, getting better at it with each try, and you have something lovely to show for all of your efforts. All that labor has a payoff that can be so very satisfying and joyful, but we must hang in there and have patience with ourselves.

*(continued)*

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## Charity Quilt Information

Please bring to guild meeting any **completed**

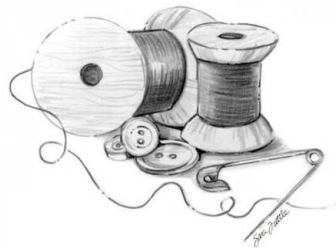
- ◆ Wheelchair quilt tops
- ◆ Enveloped wheelchair quilts
- ◆ Quilt for Kids' quilt tops with backings

Also bring any uncompleted Fidget Quilt kits, along with any kids' fabric you would like to donate for QFK.

Our goal of 51 Wheelchair Quilts is definitely coming along. However, we don't have enough batting! I've already pieced all the previously donated batting pieces to use for wheelchair quilts. Please bring any large pieces of your leftover batting from projects to the meeting. The long-arm quilters can hopefully help out a lot with this (please).

We hope to deliver these in October (and I will be in CA for the November & December meetings), so we will need everyone's help to finish them. I have 6 more "Chippewa" Wheelchair Quilt kits at our guild meeting, so I hope members will finish them ASAP, so I can get them to the Senior Center to be tied. Thanks!

~ Sandy Hindy



*(continued President message)*

And sometimes, we should just slow down, allow ourselves some grace, and enjoy the process. *"Your brain is your garden, what you sow is what you will reap. Seed it with hope, positive energy, good manners, and creativity. Irrigate it with faith, hard work, and good company."* – Zeyad Massry

### *Our lesson this month*

I am so looking forward to Thursday's presentation by Lesley Peel. She will guide us through her best tips for hand-piecing! We will watch a quick quilt block demo, then have a discussion about taking steps for mindful making. It's also time to start thinking about what you can do to volunteer on next year's board. Be sure to bring your Sew & Tell items - can't wait to see you all on Thursday!

*~ Deonn*

## 2023 Design Challenge

We are now in the **9th** month of 2023!  
Hard to believe that fall is in the air  
Excited to see everyone's temperature masterpieces.

~ Barb Lutz



## Quilt Shows

Studio Art Quilt Association is exhibiting non-traditional quilts at the BYU Museum of Art now until December 29, 2023 at the BYU Museum of Art located on North Campus Drive, Provo, UT 84062. Admission is free and open Monday-Thursday 10 am-6 pm, Friday 10 am-9 pm and Saturday 10 am-6pm.



<https://moa.byu.edu/primal-forces-earth>

If you are interested in Western art, check out the Maynard Dixon art also on display in the upper level through October 7, 2023. Visit there website at: <https://moa.byu.edu/current-exhibitions>

~ ~ ~

The Wasatch County Library is requesting the help of our guild again this year to provide the community with a selection of quilts to display in conjunction with a Smithsonian exhibition. This is another fantastic opportunity that Heber Valley Quilters can be involved with the Library to promoting quilting!

(continued)

The exhibition runs November 4, 2023-January 14, 2024.

One goal of the exhibit is to highlight rural America's past and present with a focus on local history and cultural heritage. Another goal is to explore how quilting has adapted. Please look through your collection for old/pioneer and Historic-focused quilts that you would be willing have hanging in the library. There is also a focus on the future of quilts. Modern quilts that take inspiration from traditional patterns are also welcome to be displayed. They are looking for no more than 12 quilts. Quilts sleeves are not required.

Quilts will be collected by Lara Wilson at the September 7th and October 5th guild meetings You will need to pin a label to your quilt with your name, name of quilter and/or pattern, approximate year it was made, and the quilt's story or any other information you want to include.



## **Guild Meeting Location**

**THIS MONTH ONLY:  
Heber City Public Safety Building**

**301 S Main, Heber City**

**6:30—8:30 pm**



## **UQG State News**

Have you been to the Springville Art Museum to see the quilt show? I have heard it is spectacular and I am one who needs to go and see the 120 quilts on display. The show runs through September 23rd. Check the website for hours: [smofa.org](http://smofa.org)

The Garden of Quilts event at Thanksgiving Point is coming up. Classes will be held September 13-16. Quilts will be on display throughout the gardens on the 15th and 16th. Your admission includes access to the huge outdoor quilt show, many classes, vendors including Stitching Hearts Worldwide, where you can purchase quilts and support their charity. Lots of other activities including free lectures and demonstrations throughout the day Friday and Saturday at the main canopy. Check out their website for the schedule: <https://thanksgivingpoint.org/events/garden-of-quilts/>.



October 10-14 is the Utah Quilt Guild "Quilt Fest" in Layton, Utah at the Davis Convention Center. There are many classes to choose from, in addition to a big quilt show, lunches, displays, vendors, make-n-takes, etc. Check out all of the information on their website: [www.utahquiltguild.org](http://www.utahquiltguild.org). Registration is now open. If you are not a member of the state guild, sign up because it makes the cost much less.

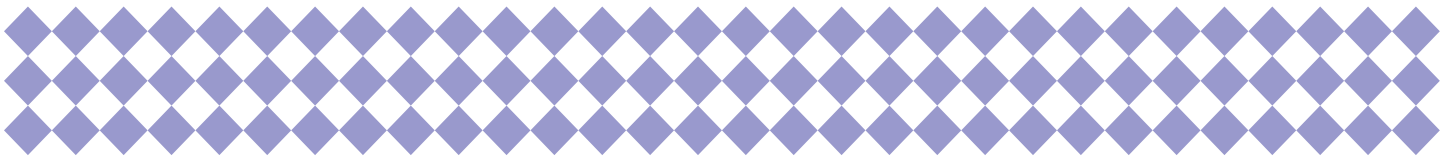
Still looking for someone to volunteer to become the new Utah Quilt Guild area rep for the three guilds in this area (Heber, Midway, Kamas). I have done it long enough and someone else needs a turn at doing this. It is not a hard job, one Zoom meeting a month, and then you report to the guilds about all of the things going on in the state of Utah. You will also get one free night at Quilt Fest. I am going to retire at the end of this year.

*~ Barb Murdock*



I found a free Buttermilk Basin sew-along that I thought you might be interested in. It is super adorable. It started in May and lasted 8 weeks. But the patterns and instructions are still available to download for free. Go to <https://www.buttermilkbasin.com/collections/free-saturday-sampler>. Check it out and have fun.

Leah Newitt



## Upcoming

### September:

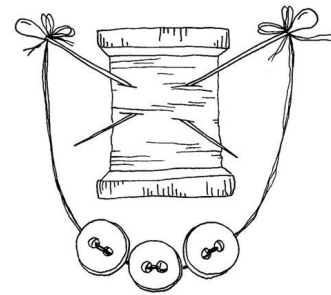
Hand Piecing  
with Lesley Peel

### October:

How to Finish a Quilt  
& Mitered Border Demo  
with Carol Hunt

### November:

Guild 2023 Showcase  
& Quilting in the Next  
Dimension



## Birthdays

September 12th Leah Newitt  
September 14th Kaye Dawn Epps  
September 20th Shirley Zane  
September 21st Dorothy Josselyn  
September 26th Holly Breckenridge

## 2023 Leadership

President:

Deonn Stott

President Elect:

Paige Douglas

Vice Pres:

Lara Wilson

Treasurer:

Carol Hunt

Newsletter:

Cat Beckstead

Social Media Chair:

Desiree Muheim

Photos: Kandy Adams

Zoom: Lara Wilson

Charity Chair:

Sandy Hindy

Design Challenge:

Barb Lutz

Friendship Exchange:

Debbie Proctor

Round Robin:

Tamara Ellis

Retreat Committee:

Kathy Davis

Teresa Gamboa

Michele Murdock

Sharon Johnson

Birthdays:

Teresa Gamboa

Door Prizes:

Barb Murdock

Refreshments:

# Heber Valley Quilters

*Going strong since 1999*

**Email:** [hebervalleyquilters@yahoo.com](mailto:hebervalleyquilters@yahoo.com)

*Got News? Send to [catann40@msn.com](mailto:catann40@msn.com)*



Please join us  
on HVQ's private  
[FACEBOOK](#)



Group! This is the opportunity for  
current paid members to share  
quilty news, ask questions, show  
us what you're working on

between meetings, and share photos of quilts  
you give away. We want to see! And, in case  
you miss a meeting, Sew & Tell photos will be  
posted here each month.

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Remote monthly meetings will be  
available through ZOOM.