

# Heber Valley Quilters

Inspire ~ Create ~ Share

June 2023

## *A Note from the President*

### *In Review:*

Thanks to our illustrious Retreat Committee for hosting a wonderful quilt retreat! Kathy, Teresa, Sharon and Michele, you each went the extra mile to make us feel special, and we appreciate you and all your efforts! Everyone came home with some fun treasures, new friendships, and the joy of getting things done. We missed those who couldn't come but we will have lots more opportunities to sew together and be together again soon!



### *What's new?*

My husband recently asked me if I was going to retire. Ha! Never! We were really talking about finances, but I've been considering my creativity lately, and wondering if there will be a point at which I'll retire from creating or run out of creativity or lose the ability, heaven forbid! Then I came upon this definition:

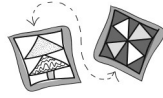
***“Creativity is the ability to transcend traditional ideas, rules, patterns, relationships, or the like, and to create meaningful ideas, forms, methods, interpretations, etc.; originality, progressiveness, or imagination.”***

This doesn't say anything about making, sewing or quilting or building anything - we can apply creativity to just about anything! Sometimes it's a creative solution to an issue, and sometimes it's about testing limits, and learning something new.

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## Friendship Block Exchange



Feb	Barb Lutz
March	KayeDawn Epps and Deonn Stott
April	Teresa Gamboa and Sandy Hindy
May	<a href="#">Return&gt;&gt;</a> <b>Kandy Adams and Paige Douglas</b>
<a href="#">June</a>	<a href="#">Sharon Johnson and Debbie Proctor</a>
July	Block Distribution

### Apron Club Blocks

Remember to bring your 10 completed apron blocks to June guild meeting. Write your name on each block and include at least two 1-1/2" x 3-1/2" rectangles of the print fabric used in your block (we will need 20 for the inner border). ~ *Debbie Proctor*

## Charity Quilt Information

Please bring any completed

- ◆ Wheelchair quilt tops
- ◆ Enveloped wheelchair quilts
- ◆ Quilt for Kids' quilt tops with backings

There will be a sign-up sheet at the guild for our [Charity Sew Day on Saturday, June 17<sup>th</sup>](#).

This is only for sewing Fidget Quilts. All fabric kits and fidget items will be provided, so all you need to do is bring your sewing machine and basic sewing kit.

There will also be a display board and a print-out of ideas on making fidget quilt 5" squares, along with two sample fidget quilts. Our goal is to complete 32 Fidget Quilts that the three local senior facilities have requested. We sincerely hope you will join us!

~ Sandy Hindy

*(President's note continued from cover page)*

## Fun Curves Ahead!

June's guild meeting will be one of those creative kickoff points to try something new and maybe inspire us to pursue possibilities as we explore curved piecing. Barb Lutz along with Tamara Ellis will show us some curvy projects, demo how it's done, and give us their best tips for success. If you have made a quilt or project that has curved seams, please add those to your Sew & Tell—we want to see them!

~ *Deonn*



## A Curvy Design Challenge

At guild meeting, we will have several AccuQuilt die-cutters set up to quickly cut out "Drunkard's Path" blocks.

[Please bring 1/2 yard each of two prints - your favorite print plus a background,](#) or two contrasting prints. You'll end up with 16 sets of these one-seam units to take home and make a 28 x 28" topper or wall hanging. Then we'll get our creative juices flowing as we take a look at the layout possibilities of this versatile block and the quilts they make. This will be a fun, lighthearted, quick project and will be part of our Guild Quilt Display in November.



## **Guild Meeting Location**

**465 East 1200 South in Heber City  
Auditorium of the Senior Citizens' wing  
at the Wasatch County Library**

**1st Thursdays ~ 6:30—8:30 pm**

## **UQG State News**

The Quilt Fest Program Guide is now available online at

[www.utahquiltguild.org/quilt-fest-2023--sew-many-stars.htm](http://www.utahquiltguild.org/quilt-fest-2023--sew-many-stars.htm)

Registration for classes, open sewing, and luncheons will begin on July 6th. We would love to have 10 or more people in our guild registered as members of the Utah Quilt Guild. More membership provides more funding for our guild's special events. Another benefit is a discount for Quilt Fest. Contact Barb for registration info, or sign up online at [www.utahquiltguild.org](http://www.utahquiltguild.org).

~ Barb Murdock

### ***Round Robin***

We are at the end of the Round Robin sewing groups. Please bring the completed projects to guild meeting. We will then return each one to the owner. We can't wait to see all the creative rounds that our participants have done.

Thanks so much for a fun project!

~ Tamara Ellis



### **2023 Design Challenge**

We are now in the **6th** month of 2023! Are you making note of the weather pattern as well as temperature? It will be fun to compare our projects.

~ Barb Lutz



I came across a website that sends out an offer for a free pattern every day.

Go to <https://sewcanshe.com/> and sign up for the newsletter. When you get the email, you'll see the offer for the free pattern. All you have to do is click on it and it will take you to the website. The pattern is illustrated on the website. If you scroll down to the end of the pattern, there's an option to download the pattern. The downloadable free pattern is only available on the day of the email.

Have fun! ~ Leah Newitt



## Upcoming

### June:

Fun with Curves

with Barb Lutz & Tamara Ellis

### June 17th:

Charity Quilt Sew Day

with Sandy Hindy

### July:

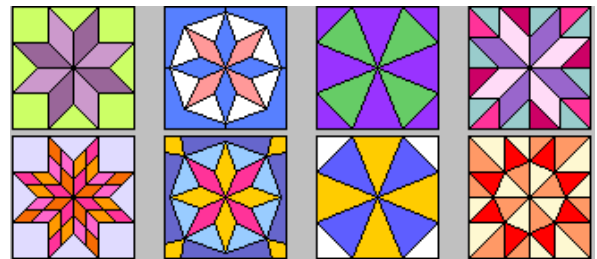
Summer Barbecue

with Paige Douglas

### August:

Foundation Paper Piecing

with Deonn Stott



## Birthdays

June 2nd Teresa Gamboa

June 7th Amy Defa

June 8th Andrea Hicken

June 11th Sue Urban

June 17th Debbie Proctor

## 2023 Leadership

President:

Deonn Stott

Vice Pres:

Lara Wilson

Treasurer:

Carol Hunt

Newsletter:

Cat Beckstead

Social Media Chair:

Desiree Muheim

Photos: Kandy Adams

Zoom: Lara Wilson

Charity Chair:

Sandy Hindy

Design Challenge:

Barb Lutz

Friendship Exchange:

Debbie Proctor

Round Robin:

Tamara Ellis

Retreat Committee:

Kathy Davis

Teresa Gamboa

Michele Murdock

Sharon Johnson

Birthdays:

Teresa Gamboa

Door Prizes:

Barb Murdock

Refreshments:

Shirley Zane

# Heber Valley Quilters

*Going strong since 1999*

**Email:** [hebervalleyquilters@yahoo.com](mailto:hebervalleyquilters@yahoo.com)

*Got News? Send to [catann40@msn.com](mailto:catann40@msn.com)*



Please join us  
on HVQ's private

[FACEBOOK](#) Group! This is the  
opportunity for current paid  
members to share quilty news,  
ask questions, show us what

you're working on between meetings, and share  
photos of quilts you give away. We want to see!  
And, in case you miss a meeting, Sew & Tell  
photos will be posted here each month.

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Remote monthly meetings will be  
available through ZOOM.

