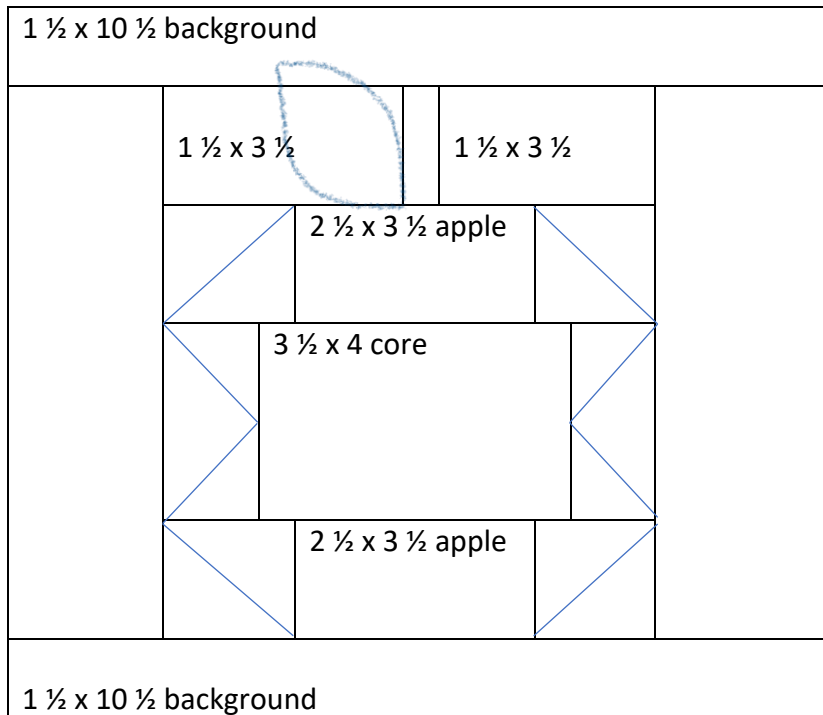


HVQ Block of the month
 Apple block. (Not to scale) by Lara Wilson



Fabric requirements:

Background

- 2 @ 1 1/2 x 3 1/2 inches
- 2 @ 2 x 8 1/2
- 2 @ 1 1/2 x 10 1/2
- 2 @ 2 1/2 x 4 1/2 (Trim to Size Option: Cut pieces 2 3/4 x 4 3/4 if you want to make larger flying geese and trim.)

- 2 @ 3 x 3 squares

Brown (stem)

- 1 @ 3/4 x 1 1/2 inches

Green (leaf)

- 1 @ 2 x 2 inches

Red (apple)

- 2 @ 2 1/2 x 3 inches
- 2 @ 3 x 3

Cream (apple core)

- 1 @ 3 1/2 x 4 inches
- 4 @ 2 1/2 x 2 1/2 (Trim to Size Option: Cut pieces 2 3/4 x 2 3/4 if you want to make larger flying geese and trim.)

Additional requirements:

Black embroidery thread or marker to embellish apple core with seeds.

Sewing instructions:

Assemble the apple:

Draw diagonal line on 3" background fabric squares. With right sides together, align 3" background square to 3" red fabric square. Sew a scant ¼ inch on either side of the line. Cut on line to make two half triangle squares measuring 2 ½ x 2 ½ inches.

Sew all seams a scant ¼ inch. Refer to the diagram for placement. Sew 2 ½" square (red and background fabric half triangle blocks) to each side of a 2 ½ x 3" red rectangle. Repeat to create the top and bottom of the apple. Press seams open to avoid bulk.

Assemble the apple core: (Use fabric selection of your choice to make flying geese at standard size of oversized using "trim to size" option.)

Draw diagonal line on 2 ½ inch or 2 ¾" core fabric squares. With right sides together, place core square to corner of 2 ½ x 4 ½" or 2 ¾ x 4 ¾" background fabric. Using the stitch-and-flip method, sew on the line, Trim away excess corner fabric, leaving ¼ seam allowance from stitch line. Repeat on the other side of rectangle to create a flying geese unit. Make one more. Press and trim to 2 x 3 ½ inches.

Sew a flying geese unit to the 3 ½ inch side of the core rectangle, with the core fabric touching. Repeat on the other 3 ½ inch side to form the unit as illustrated. Press.

Assemble the stem:

Sew long end of brown stem piece between short ends of background fabric to make the stem section as illustrated and press seams toward stem.

1 ½ x 3 ½	¾ x 1 ½	1 ½ x 3 ½
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Assemble block:

Using the diagram for placement, sew stem row to top of apple row then sew core section to bottom apple row. Now sew these together to form the entire apple. Press. Sew side background fabric 2 x 8 ½" to each side of apple. Press toward the background. Trim to 8 ½ x 10 ½". Sew top background fabric 2 x 10 ½" to top and bottom of apple. Press toward the background. Trim block to 10 ½ x 10 ½".

Embellish block:

Create leaf applique with your favorite technique using the 2 x 2 inch green square. Applique next to stem. Create the seeds with embroidery floss or permanent fabric marker. If using a marker, test it on a scrap of fabric to ensure it will mark a crisp line and not bleed.

Congratulations, you finished another block of the month. Happy Harvest!