

A Preview

Back-Basting Appliqué

We are looking forward to Cat Beckstead's demonstration and workshop of Back-Basting Appliqué this month. This is a type of needle-turn method, where the shapes are pre-basted to your fabric, then appliquéd, following the line of basting. You can appliqué even the tiniest of shapes with beautiful results.

The pattern enclosed in this newsletter is August's Block of the Month. You may have signed up for the workshop at last guild meeting, choosing one of three patterns available, or if you were not in attendance or did not sign up, your pattern is the sun flower. Prepare your block prior to class to participate in the workshop, or come and watch the demonstration, then choose your favorite hand- or machine-method to appliqué your block.

Notes from the "Cat Box"

Supplies to bring the night of our meeting for those participating in the hands-on workshop:

1. **Thread** to match your appliqué fabric. I use the embroidery thread on a spool used for machine embroidery. I have also used embroidery floss if I needed a specific color. Some use silk thread.
2. **Needle.** I use an appliqué needle or a quilting needle. Many proficient appliqué-ers (I don't know if that is actually a word!) use a sharp or straw needle. Bring whichever is most comfortable to work with for you.
3. **Scissors.**
4. **Reading glasses** if needed. I use a 1.25 right off the rack at the grocery store. It does help me to magnify what I am working on just enough.
5. **Prepared Appliqué** piece. Please see the instructions on the enclosed pattern.

p ~ Cat

In Review - Russian Needle Punch



- | | |
|---|--|
| <p>We would like to thank our guest instructor last month, Lori Muse, for demonstrating the ease of Russian Needle Punch. Needles for this craft come in various sizes, depending on the number of embroidery floss strands you plan to use. They can be found at most quilt shops, and run from about \$8 to \$20.</p> | <p>7 Separate floss strands prior to use.
 7 Take extreme care of your needle-threader.
 7 Use short, even punches, outlining the shape first, then fill in the pattern as you go.
 7 Seal the back to prevent unraveling.</p> |
|---|--|

Inside this issue:

A Preview	1
Queen Bee	2
Friendship/Round Robin	2
Charity Quilt Corner	2
The Calico Road	3
Guild Membership	3
Guild Meetings	4

Organization:

- *President:* Brenda Wilcox
- *Secretary:* Barbara Murdock
- *Treasurer:* Jeannine Pratt
- *Newsletter Editor/Historian:* Deonn Stott
- *Newsletter Production:* Michele Murdock
- *Charity Quilt Committee:* Tricia Mathis, Dana Brosnahan, Kaydaun Epps, Wendy Jones
- *New Member Liaison:* Christy Watt
- *Communication Coordinator:* Sheryl Wood
- *Door Prize/Birthday Coordinator:* Julie McNaughtan
- *Friendship Groups:* Cat Beckstead
- *Design Challenge:* Shantelle Cox



Queen Bee - Kristine Nichols



Kristine Riddle Nichols was born in Rexburg, and lived in Dubois, Idaho until she was about five. Her dad was a park ranger and they moved around a bit during her youth. She lived for awhile in North Dakota, then in Kemmerer, WY, where she graduated from high school in a class of around 50 kids. She attended Ricks College and BYU, receiving her degree in Secondary Education English. Her parents had moved to Midway when she was attending BYU, and through a mutual friend, met her future husband, Steve Nichols, who was also from the Heber Valley and was attending BYU as well. They moved to Arlington, VA, where her husband attended law school,

and Kris completed her student teaching in the Washington, DC area. Two of their children were born there, and they moved back to Heber City about 5-1/2 years ago.

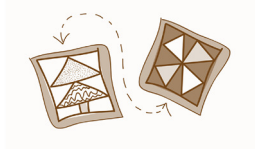
Kris loves taking care of her four wonderful children: Jacob, 11, Samuel, 8, Katelyn, almost 6, and little Elizabeth, (Libby) 2. In free moments, she loves to read, and she quilts when she finds the time. She and her husband ran the St. George marathon last year. She also taught a seminary class at the high school and really enjoyed that, too.

Kristine began quilting when she was expecting her daughter, Kate, and she finds it to be so much fun. She loves

doing projects with her next-door neighbor, Christy Watt. They are working on their fourth project together. You may have seen their stunning red/gold/green quilts at the fair -- both of which were considered for sweepstakes!

Quilts are like friends - a great source of comfort and warmth.

Friendship Blocks



FRIENDSHIP BLOCK EXCHANGES:

Group 1 - Return Hen Party blocks for Deonn
Group 2 - Return Autumn Leaves blocks for Kaydawn
Next up: Barbara Murdock & Shonna Luke

*



Round Robin Groups

ROUND ROBIN EXCHANGES:

Group 1 - Time for Show and Tell!
Group 2 - Done!!! YEAH!!!
Group 3 - Deadline - September guild meeting!

WASATCH COUNTY FAIR DAYS

Congratulations to those who entered quilts in this year's County Fair! Beautiful work, beautiful quilts and wall-hangings, and our guild was well-represented with items submitted by Michele, Kristine, Christy, Deonn, Crusan, Shantelle, Tricia Mathis, Heather, Ashley, Julie, Joy, Barbara M. and Sheryl; some of their children, grandchildren, and even one husband!! Prize-winning work, everyone! Three cheers!!!



Charity Quilt Corner

CHARITY QUILTS

Happy birthday this month to birthday girls, Dana, Celini, and Margaret. We hope you have a happy one, and hope you have fun making a charity quilt for

the Children's Justice Center. You are doing great things! Let us know if you would like a kit for a charity quilt: Fabric, backing, batting, yarn for tying, etc. Thanks for all you do!

Your Charity Quilt Committee,
Tricia Mathis, Dana Brosnahan,
Wendy Jones or Kaydawn Epps

The Calico Road

by Barbara Murdock

Last month, I was lucky enough to win a prize of ten fat quarters during the Wasatch Front Shop Hop to add to my stash. Hope that some of our other quilters did the same.

This past month, I finished making over 400 pin cushions. I am no longer able to get the cups to make them, so I guess that is enough. I gave away some to quilt groups over the past year, and sold some at the Utah Valley Quilt Fair. It took me about a year, but I think I know how to make better ones now. If anyone is interested, I still have some left for sale at \$3 each.



I recently attended the Southridge Quilters meeting in Salt Lake and we had a presentation on colors from the owner of the *Fat Quarter Quilt Store*. During show and tell, I was very impressed with a quilt someone made that told the fun story of some birds, relating them to human characteristics. Hopefully, I will have the pattern/book soon. (see photo)

Congratulations to lots of our quilters who won at the fair! Keep up the good work.

The Utah Quilt Guild newsletter, the Beeline, has information about all the quilt shows and activities around the state. For example, there will be a quilt show in Salt Lake on October 7th in a barn near Walker Lane. It is worth going to, just to see the barn! If you are not a member of the Utah Quilt Guild, it is definitely worth the \$18 to join. Check with Shantelle Cox who is our area rep for more details, or go to their website:

www.utahquiltguild.org

There is so much information in the Beeline, everyone should be a member!

Happy quilting! ~Barb

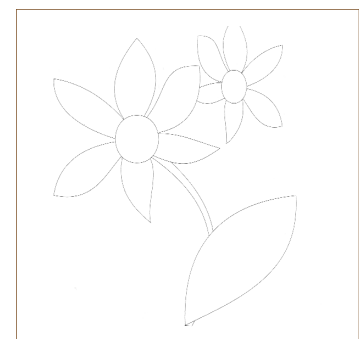
Guild Membership

Queen Bee	Member	Phone
Jun-05	Heather Ackerson	654-3140
	Paulette Adams	654-5918
Feb -06	Cat Beckstead	657-2336
	Linda Beecher	654-1818
Jan-04	Michelle Blair	654-7128
	Michelle Bradshaw	654-4218
	Holly Broadhead	654-2191
	Dana Brosnahan	654-5897
	Ashley Christensen	657-0238
May-05	Shantelle Cox	657-0581
Jul-05	Rachel Crane	654-7038
Aug-04	Claudia Daniels	654-3959
Jul-04	Joan DeFriez	654-2124
	Crusan Epps	654-5077
	Kaydawn Epps	654-0669
Nov-05	Jill Gehring	657-0505
	Heidi Iordachescu	801-225-5893
	Wendy Jones	657-0989
	Tricia Livingstone	657-0955
	Shonna Luke	654-0801
Mar-04	Tricia Mathis	654-9807
Jun-04	Julie McNaughtan	654-5358
	Barbara Murdock	654-0656
Nov-04	Michele Murdock	654-4917
Jun-06	Kristine Nichols	654-9004
Mar-06	Barbara Odland	435-645-9145
	Cindy Pennington	654-5212
Dec-04	Jeannine Pratt	654-4808
Oct-05	Debbie Proctor	654-2079
	Laurisa Pullan	654-5413
Feb-04	Celeni Richins	654-4767
	Margaret Schloss	654-2876
Feb-05	Deonn Stott	654-4203
	Joylyn Taylor	654-3972
Apr-04	Christy Watt	654-2888

A fat quarter is not a body part!



www.hebervalleyquilters.iwarp.com



August Block of the Month

HEBER VALLEY QUILTERS

PATCHWORK PRESS
PO Box 608
Heber City, UT 84032

Editor: Deonn Stott
Phone: 654-4203
Email: deonnstott@yahoo.com



Guild Meeting Information



Monthly Meetings

Join us for our monthly guild meetings held on the THIRD TUESDAY of each month at 7:00 pm.

Meetings are held in the Community Room at:

AMBank Building
620 West 100 South
Heber City, Utah

See you there!

This Month

Tuesday, August 15th
***Back-Basting
Appliqué***
workshop/demonstration by
Cat Beckstead

~~~~

*Please Bring:*  
Prepared block for back-basting appliqué  
Sew & Tell  
Friendship Blocks, Round Robins  
Quilted Nametag

### A Look Ahead

Tuesday, September 19th  
***Beautiful Bags***  
demonstration by  
*Christy Watt*

We would like to thank our Newsletter Sponsors for 2006:

**Bonneville Roofing & Drywall** 801 226-7073 & **Heaton Roofing** 801 224-6776