

# Patchwork Press



H E B E R V A L L E Y Q U I L T E R S

**ORGANIZATION**

President:  
*KayeDawn Epps*  
654-0669  
epps0669@msn.com

Vice President:  
*Sherron Watson*

Secretary/Treasurer:  
*Tricia Mathis*

Newsletter Editor/Historian:  
*Deonn Stott*

Charity Quilt Committee:  
*Wendy Jones,*  
*Crusan Epps*

New Member Liaison:  
*Christy Watt*

Communications:  
*Rachel Crane*

Friendship Groups:  
*Cat Beckstead*

Design Challenge:  
*Shantelle Cox*

Hospitality:  
*Brenda Wilcox*

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**IN REVIEW**

ETUI! Bless you! It sounds like a sneeze, but is nothing to sneeze at! We enjoyed our wool appliqué workshop making Etuis and small needle kits at guild meeting last month. Linda Beecher prepared the kits and gave us great tips for appliquéing wool pieces. She used her store's AccuCut machine to quickly cut the circles and leaves that made



such cute cherries and flowers for these adorable sewing kits.

*Seasons of Home* offers the use of their AccuCut hand-operated roller die-cutting machine for \$10 per hour. Schedule a time



and have an associate cut your fabrics or wool for you. Visit their store to see the selection of shapes ranging from flowers to charm squares and much more.

Guild members enjoyed delicious desserts and visiting in the newly finished, cozy and roomy AmBank Community Room. Welcome home, and we'll see you soon!

**A PREVIEW**

August's guild meeting will be a real treat for us all with guest instructor Renaë Allen coming to present her wonderful products.

With the idea of making machine quilting easier for everyone. Renaë, a mother and enthusiastic educator, has developed a series of introductory machine-quilting courses featuring her *Skillbuilder* fabric panels and companion guidebook. Newly released products include a *Skillbuilder Mastery* color panel and workbook along with a CD-ROM of quilting designs.

Renaë shares years of quilting education experience and a can-do attitude to make machine quilting both approachable for learners and master-able for experienced quilters looking for new designs and techniques to add the finishing touches to their quilts.

Whether for business or pleasure, machine quilting is an essential skill that adds a touch of refinement and enduring beauty to each unique creation.

Let Renaë's experience and affordable learning tools give vision to your next quilting creation, and fill your sails with ambition, and the quiet

confidence that lets you stitch love into every curve and curl in your heart's creations.

Visit Renaë's website for more information on her products: [www.rgadesignquilts.com](http://www.rgadesignquilts.com).





## QUEEN BEE – LIZ PALMIER

I was born and raised along with six siblings in the Heber Valley. I have also raised my three awesome sons Jake, Preston, and Shane Parcell here in the valley.

My senior year of high school I attended Salt Lake Technical College and graduated from Barbering School. In 1991 I felt I needed a job with medical benefits and retirement so I started looking for a job that offered this. I was lucky enough, after applying three times, to land a job with Wasatch County. The county recorder at that time trained me to run the office and after his retirement I ran for the position of Wasatch County Recorder. I was elected in 1994 and am now serving my 4<sup>th</sup> term in office. I have continued to work part time as a hairstylist since high school, presently working at Rockwater Salon. I enjoy

being involved, so I have spent the last four years on the Mountain Valley Stampede Rodeo Committee serving as the secretary.

I enjoy gardening, working in the yard, being outdoors, riding horses, meeting new people and my most recent love is golfing. I also work Sundays as a waitress at Soldier Hollow so that I can golf for free.

I enjoy a variety of crafts especially crocheting. I have made many special afghans and have given them away for baby gifts and also full size afghans for gifts to family and friends.

During my youth I was involved in the 4-H program in which sewing was one of many projects. My mother spent hours helping me by sitting by my side while sewing and overseeing these projects. I

entered many sewing projects in the fair and also entered "The Make-It



Yourselves with Wool Contest" several times. I have grown up sewing many different things from baby clothing to sheep blankets and have loved what I could do with a sewing machine. I decided to learn how to quilt because many hours in the winter time I felt were wasted going to bed too early. ~~~

Liz joined the guild last January, and she hasn't looked back since. She has spent hours at the library and in classes learning and trying every new thing, soaking it all in like a sponge. The guild welcomes this fun, fearless and energetic new quilter to our ranks, Liz Palmier!

## QUILT SHOWS



A big thanks to all those who either displayed their quilts, or helped with setup and takedown (or both) at the HVQ Quilt Show in the Library, and the Heritage Quilt Show at the Zermatt Resort this past month. It has been a wonderful summer of quilt shows!

And once again, as it is "Fair Days" in

Wasatch County, thanks to guild members for sharing your quilts and other home arts in the County Fair this week.

Be sure to stop by the Heber Valley Elementary School to see all the wonderful quilts, cooking, craft, photography, floral and art projects.

Doors open at 1:00 pm on Thursday, July 31st and will close at 5:00 on Saturday night, August 2nd.

Congratulations to ALL our prize-winning quilters who do such beautiful work. And a special note of congrats to KayeDawn, Michele, Kami and new member Sue—Sweepstakes Winners!

## WHY DO WE QUILT?

*From an article by Mary Emma Allen of "Quilting and Patchwork" ([www.quiltingandpatchwork.com](http://www.quiltingandpatchwork.com))*

*Here are some questions you may have asked yourself:*

Why has quilting had such great appeal over the ages? Why do I keep coming back to this heritage when I have so much else to do? Why do my daughters find such pleasure in this art?

- ✂ Quilting is a captivating hobby that can become a profession.
- ✂ It's a great way to relax when life is stressful.
- ✂ These projects can tie you with your family heritage.

- ✂ Patchwork and quilting are fun to do with your children.
- ✂ This is a way to expand your horizons, test your talents, and discover abilities you never knew you had.
- ✂ Quilting creates a bond with others having similar interests, and you find a community of people who inspire one another.
- ✂ Quilting and patchwork are so diverse that there's something for everyone.

Remember, the real enjoyment comes from the *process* of quiltmaking. Slow down, find your niche in the quilting community and you'll discover a world of wonderment. ∪∪∪

**APPLIQUÉ CLUB**  
 Lullaby Quilt Club / Appliqué 101  
 Meet at the new AMBank Conference Room  
 at 6:30 pm prior to guild meeting

**C H A R I T Y   Q U I L T S**

Quilters—only a few weeks remain to finish our Quilts4Cancer charity quilts in time for the Utah Quilt Guild Annual Quilt Festival. As a charter guild, we have the wonderful opportunity to help provide quilts to children who are victims of cancer in our region. Each member of the guild is invited to make at least one charity quilt.

Quilts should be at least 40" x 60", tied or quilted then labeled. They will also accept fleece blankets .

In addition, our guild is also planning to make a Flip-Flop quilt to support the Susan G. Komen Breast Cancer foundation. Download and print out your pattern online, then bring your finished block to the August guild meeting:

([www.hebervalleyquilters.iwarp.com/box\\_widget.html](http://www.hebervalleyquilters.iwarp.com/box_widget.html))

THANKS!          Wendy & Crusan

**C O O L   T O O L**

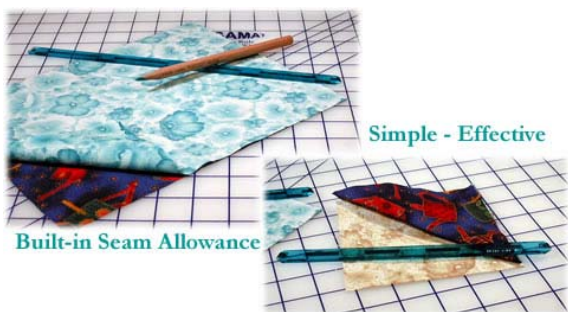
Quilter's Rule QUICK QUARTER

Use this simple little ruler to mark your fabric for quick half- or quarter-square triangle piecing without cutting or piecing triangles!

To make two half-square triangle units, stack two squares of fabric; one light, one dark, then use a mechanical pencil to mark the diagonal line down the middle of the ruler, and on both sides of the ruler

which are a scant 1/4-inch away from the center line. Stitch on those lines and cut down the center to produce two half-square triangles. Press toward the dark. Layer these units, alternating light and dark, mark, stitch and cut as before to create two quarter-square triangle units.

This marking guide is available in two lengths—12" and 8". A great tool to divide squares. Available locally at *Seasons of Home*.



**F R I E N D S H I P   B L O C K  
 E X C H A N G E   G R O U P S**

Summertime, and the quilting is easy! Bring your finished friendship blocks to guild meeting, or send with another friend if you are unable to attend. Have fun making new patterns and new friends!



GROUP #1: AUG: KIM SHANNON  
 Sept: Shantelle Cox; RETURNS: Sherron, Barbara O., Crusan, Courtney, Wendy.

GROUP #2: AUG: HEATHER EPPERSON  
 RETURNS: Linda, Bethany, Kazuko, Margaret, Beth.

GROUP #3: AUG: PATTY WILCOX  
 Sept: Toni Tieg; RETURNS: Twila, Paulette, Debbie, Christy, Deonn

GROUP #4: AUG: LIZ PALMIER  
 RETURNS: Natalia, Nita, Connie, Jen, Rachel



**Congratulations!!!**

Natalia Bonner—Viewer's Choice at Zermatt for her original design quilt, "Daisies & Lattice"  
 See it on her blog: <http://www.piecenquilt.blogspot.com>  
 Junior member Lauren Stott—State 4-H Quilting Contest Demo Winner: "Quick & Easy Quarter-Square Triangles"  
 Lauren will go on to compete nationally in Denver.

**S U M M E R   Q U I L T  
 S H O W   C A L E N D A R**

- July 15—September 4   Springville Museum of Art Quilt Show—Springville, UT
- July 28--August 2   Wasatch County Fair Days Heber Elementary—Heber City, UT
- August 23   Quilts in the Gardens at Thanksgiving Point Lehi, UT   **Tickets \$8 from Barb**
- September 4—14   Utah State Fair ~ Salt Lake City, UT
- September 23--27   Utah Quilt Guild ~ Quilt Festival Eccles Conference Center—Ogden, UT

We're Online! Check out our guild WEBSITE:

[www.hebervalleyquilters.iwarp.com](http://www.hebervalleyquilters.iwarp.com)

and BLOG:

<http://hebervalleyquilters.blogspot.com>

## Patchwork Press

PO Box 608  
Heber City, UT 84032

Editor: Deonn Stott  
E-mail: deonnstott@yahoo.com

Fons & Porter's  
Love of  
Quilting

### SUBSCRIPTION FUNDRAISER

Announcing a unique opportunity to raise a little extra money for our guild and to have a great magazine come to your home for a year. As a bonus, you will also receive two gift booklets and two spools of thread for new subscriptions or renewals through this program.

The cost is \$20; \$5 stays with the guild. Purchase subscriptions or renewals for yourself, family or friends and they can be shipped anywhere in the US. If you are renewing, your current subscription will continue uninterrupted.

Subscription sheets will be available at guild meetings. Make your check payable to Heber Valley Quilters for \$20. Your first issue will arrive in six to eight weeks. See Shantelle Cox for details, or call 657-0581.



## MONTHLY GUILD MEETINGS

Join us for our monthly  
guild meetings are held on the  
**FIRST THURSDAY**  
of each month  
7:00 p.m.

### COMMUNITY ROOM

**AMBank Building**  
**620 West 100 South**  
**Heber City, Utah**

See you soon!

### AUGUST 7TH

**GUEST INSTRUCTOR**  
**RANAE ALLEN**  
**MACHINE QUILTING**

### SEPTEMBER 4TH

**HEIRLOOM APPLIQUÉ**  
**PATTERNS**  
**DIMENSIONAL APPLIQUÉ**

### PLEASE BRING:

- ✂ Friendship Exchange Blocks
- ✂ Sew 'n' Tell (Etuis, anyone?)
- ✂ Checkbook for RaNae's fun products, plus \$8 for tickets to "Quilts in the Gardens" at Thanksgiving Pointe
- ✂ Quilted Nametag

