

# Patchwork Press

H E B E R V A L L E Y Q U I L T E R S

ORGANIZATION

President:  
*Kaye Dawn Epps*  
654-0669  
epps0669@msn.com

Vice President:  
*Sherron Watson*

Secretary/Treasurer:  
*Tricia Mathis*

Newsletter Editor/Historian:  
*Deonn Stott*

Newsletter Production:  
*Michele Murdock*

Charity Quilt  
Committee:  
*Wendy Jones,*  
*Crusan Epps*

New Member Liaison:  
*Christy Watt*

Communications:  
*Rachel Crane*

Friendship Groups:  
*Cat Beckstead*

Design Challenge:  
*Shantelle Cox*

Hospitality:  
*Brenda Wilcox*

INSIDE THIS ISSUE:

Marilyn Toone	1
Queen Bee	2
Charity Quilts	2
Design Challenge	2
Cool Tools	3
Friendship Groups	3
Meetings	4

IN REVIEW

February's Guild Meeting at our temporary location in the County Services building Conference room was once again jam-packed with fun.

Quilters working on the Lullaby project met together prior to guild to get their first instructions. We welcomed five new guild members that evening

Shantelle Cox presented a thorough lesson on quilt labels, answering all the questions: who, when, where, why and how. Every quilt has a story. Shantelle reminds us, "Always attach a quilt label to tell the story about the quilt when you are not there to tell it yourself." She discussed the latest and greatest products

available to make and print labels using your home computer and printer.

Cat Beckstead demonstrated the art of Needle-Turn Appliqué. County USU extension agent, Debbie Proctor, whose offices are down the hall, provided the overhead projection system for us to have an intimate view of Cat's technique.

If you were unable to attend guild meeting, Cat's pointers and Shantelle's lesson materials can be downloaded directly from the guild website:

<http://www.hebervalleyquilters.iwarp.com>; click on "HVQ PUBLICATIONS"

A PREVIEW

March's guild meeting will bring us a special treat! **Marilyn Landry Toone** has been quilting for 40 years -- "I started when you couldn't buy cottons," she says with a laugh. "I used to drag my neighbors in off the street to help with a quilt. It's a disease, and once you catch it, there's no cure," she jokes.

Marilyn's goal is to teach us to love appliqué using her favorite method of preparing the pieces by starching the edges over a Mylar template. This will be a workshop demonstration, and she is bringing some Mylar template material that she special-ordered just for us. Come prepared to

participate. Please bring the following supplies:

- ✂ \$2.50 for MYLAR template sheet
- ✂ 12 1/2" background block
- ✂ 4 colors -- fat 1/8 yds/fabric scraps for flowers
- ✂ Matching thread
- ✂ Roxanne's Glue Baste-It or favorite glue stick

Marilyn will also bring several of her award-winning quilts for a trunk show.

Non-guild members and associates are welcome to attend this meeting for a \$5 meeting fee.

Get to know Marilyn through a

wonderful article in the Deseret Morning News published Jan 25th, 2008:

<http://deseretnews.com/article/1,5143,695246724,00.html>



Read this fun article, then click on "RELATED CONTENT" to view her best tips on Hand Quilting. Also check the guild blog for more pictures and information on this fun teacher.

See you at guild meeting!



## QUEEN BEE

CINDY DEW PENNINGTON was born and raised in a small remote area of southwest Kansas. Her family lived on a 5,000 acre farm raising corn and wheat. By the time she was eight, she was driving tractor in the fields. She has four siblings, and each of them pulled their weight on the farm. Cindy loved it when it rained because that meant she could have a day off and play. She admits being a little jealous of her younger sister, when her mother decided she needed someone to help inside the house. Along with learning household chores, that sister got to learn to cook and sew and quilt (she made a Grandmother's Flower Garden quilt by hand) while everyone else worked outside on the farm. Her family was also very much into sports, playing every sport available in their small community. Cindy was the first girl ever allowed into the Letterman's Club at her High School.

Cindy left Kansas and came out West to attend BYU. She then served an LDS mission to Japan. After her mission she married James Pennington, and they moved back to Kansas to work the family

farm for several years, and Cindy was able to finish her college degree in Human Resources. She and her husband have five children. Their oldest daughter Lindsay is married with a daughter of her own, Mackley Belle. Natalie is a sophomore and was part of the Wasatch High School girls' basketball team this year, the State 3A champions, with an impressive undefeated season record of 25-0. Natalie is also involved with track and soccer, which officially makes Cindy a Soccer Mom. Nine-year-old Spencer is in 4<sup>th</sup> grade at Old Mill Elementary, and sleeps with a football in his hand.

Jim and Cindy's children Tanner and Amanda were in their teens when they were in a fatal car accident five years ago. The family had moved to Ft. Morgan, Colorado, where Cindy was involved in a fabulous quilting club sponsored by the local quilt shop, *Inspirations*. She threw herself into quilting as a kind of therapy to get through that difficult time. Cindy feels that those Quilt Club ladies were the sweetest strength to her when she really needed it. That year for Christmas she made quilts for everyone on her list.



Also, others made quilts for her family; including memory quilts that feature pictures of Tanner and Amanda, and that now hang on the walls of their home.

For the past four years the Penningtons have lived in the Heber Valley. They love their three-acre farm, and they also raise hay on the adjoining 150 acres allowing their kids to have the experience of working a farm.

Cindy teaches Seminary part-time at Wasatch High School. She also works with Deseret Book's "Time Out For Women" program; a fun, uplifting, spiritual seminar for LDS women. She gets to travel about twelve weeks out of the year to different parts of the country for these seminars. She loves this job and loves meeting people. Cindy also enjoys reading, being around youth, and being involved with her sports fanatic family in any aspect. She thoroughly loves quilting as it has meant so much to her.

Check the guild blog for pictures of Cindy's fabulous quilts.

## CHARITY QUILTS



Heber Valley Quilters have the opportunity to make and donate charity quilts to give a hug to someone special. We would like to invite every guild member to make a simple charity quilt (pieced or tied) and donate to one of these charities: QUILTS\*4\*CANCER or a local Dialysis Center. For each quilt donated, your name will be entered in a drawing for prizes from local businesses.

Most of the quilts donated are crib or lap size, at least 40" x 60". Crusan will have kits for tied charity quilts available to pick up at guild meeting for anyone who would like one. These include fabric for top and back, batting, yarn and a label!

On another note, Wendy has fat quarters for sale sponsored by the Susan G. Komen foundation for Breast Cancer research. Buy a fat quarter for \$5, then make a block using that fabric. Blocks will be made into quilts that are then raffled at the Utah Quilt Guild Quilt Festival in September to raise more money for the foundation. Let's do our part!

Thanks in advance for your support of these charities!

Your Charity Quilt Committee,

*Crusan Epps, Wendy Jones*

## ELEMENTS - DESIGN CHALLENGE 2008

EARTH, AIR, WATER, FIRE

Last month we were challenged to design a quilt based on one of the elements of nature. This month we are to add a new element of quilting: appliqué.

This element should enhance

the quilt and build on our element of nature.

Use any method of appliqué you wish.

Do not add more borders, and do not increase the size of the quilt by adding your appliqué.



This element must be added prior to March's guild meeting in order to be eligible for the monthly participation prize and the viewer's choice award in June. Prizes this month were a finger pincushion kit along with appliqué pins and

needles.

Use your imagination. Think about your element of nature and how appliqué will work beautifully on your quilt.

Any questions, please email [princessquiltsalot@msn.com](mailto:princessquiltsalot@msn.com), or call Shantelle: 657-0581

## FUNDRAISER

The Utah State Quilt Guild is selling vinyl bags for a fundraiser this year. All proceeds will help with state guild expenses, including the Annual Quilt Festival in September.

The bags feature zipper openings, clear vinyl sides, and come in two sizes. A small bag, 10" x 11" is \$5. The larger bags measure 16" square, come in navy blue or hunter green, and cost \$8.

These bags are great for organizing and transporting your quilting or craft projects. Purchase them from Barb Murdock directly: [leeandbarbara@msn.com](mailto:leeandbarbara@msn.com).

She will also have them available at upcoming guild meetings.

Heber Valley Quilters is a charter chapter of the Utah Quilt Guild—Thank you for your support!



## FRIENDSHIP BLOCK EXCHANGE GROUPS

Friendship Block Exchange Groups got their started at guild meeting last month. If you are participating, remember to return or send your block next guild meeting. Keeping on schedule keeps it fun for everyone.



**GROUP #1: MAR~COURTNEY VON HOLTUM**  
Apr: Crusan Epps, June: Barbara Odland, July: Sherron Watson, Aug: Kim Shannon, Sept: Shantelle Cox; RETURN: Wendy Jones

**GROUP #2: MAR~MARGARET SCHLOSS**  
Apr: Kazuko King, June: Bethany May, July: Linda Beecher, Aug: Heather Epperson; RETURN: Beth Wegner

**GROUP #3: MAR~CHRISTY WATT**  
Apr: Debbie Proctor, June: Paulette Adams, July: Twila Gutierrez, Aug: Patty Wilcox, Sept: Toni Tieg; RETURN: Deonn Stott

**GROUP #4: MAR~JENNY ROWSER**  
Apr: Connie Steadman, June: Nita Graham, July: Natalia Bonner, Aug: Liz Palmier; RETURN: Rachel Crane

## GUILD RETREAT

Just another reminder about "Quiltin' In The Woods" guild retreat, May 1st through 3rd. Mark your calendars and make plans to stay for one, two or three days as we quilt our way through some



fun projects.

If you can only spend one day, be sure it's Friday, May 2nd for guild dinner and Kaleidoscope quilts with Paulette Adams.

## COOL TRICKS

Deonn Stott showed us a cool way to make dimensional Flying Geese units with ONE SEAM!

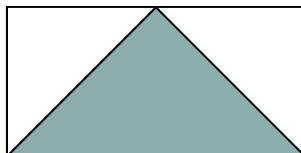
Cut one rectangle and two squares using the Flying Geese Chart below for sizes.

Fold the rectangle in half, right side out. With fold at the top, sandwich between the two squares, aligning bottom edges.

Stitch at the right side of the folded

sandwich, using 1/4" seam allowance.

Bring middle section to each corner to form a triangle. Press to shape. These can be chain-pieced for quick production! WOW!



<i>FLYING GEESE CHART</i>			
	Finished Size:	1 Rectangle:	2 Squares:
	1 x 2"	1-1/2 x 2-1/2"	1-1/2"
	1-1/2 x 3"	2 x 3-1/2"	2"
	2 x 4"	2-1/2 x 4-1/2"	2-1/2"
	2-1/2 x 5"	3 x 5-1/2"	3"
	3 x 6"	3-1/2 x 6-1/2"	3-1/2"

**APPLIQUÉ CLUB**  
Lullaby Quilt Club / Appliqué 101  
will be getting together prior to  
guild meeting at 6:00 pm.

## ROUND ROBIN

### ROUND ROBIN PARTICIPANTS

ROUND I— Add one border to the quilt block you were given at February's guild meeting. Bring the quilt to guild meeting to be passed along to another quilter for Round II.

If you are unable to attend, send the quilt with someone else so the next round can continue on that Round Robin. You then have one month to add a second border and return the quilt in April to be exchanged for Round III.



We're Online! Check out our guild WEBSITE:

[www.hebervalleyquilters.inwp.com](http://www.hebervalleyquilters.inwp.com)

and BLOG:

<http://hebervalleyquilters.blogspot.com>

## Patchwork Press

PO Box 608  
Heber City, UT 84032

Editor: Deonn Stott  
E-mail: deonnstott@yahoo.com



"(Quilting) is a disease,  
and once you catch it,  
there is no cure!"

~ Marilyn Toone

## MONTHLY GUILD MEETINGS

Join us for our monthly  
guild meetings held on the

**FIRST THURSDAY**

of each month

7:00 pm. To 8:30 pm.

### PLEASE NOTE:

For the next few months,  
meetings will held in the  
Conference Room at the:

**COUNTY SERVICES BUILDING**

55 South 500 East

(North Door)

Heber City, Utah

**MARCH 6TH**  
**STARCH APPLIQUE'**

**GUEST INSTRUCTOR**  
**MARILYN TOONE**

### PLEASE BRING:

✂ \$2.50 plus 12-1/2" background square,  
fabric scraps (about a fat eighth - 9 x 22")  
needle, thread, scissors, glue for  
workshop with Marilyn Toone

✂ Element Quilt with Appliqué\*

✂ Round Robin with 1st Border\*

✂ Friendship Block\*

✂ Sew & Tell items

✂ Quilted Name Tag

\*(if participating)

**APRIL 3RD**  
**GUEST INSTRUCTOR**  
**LIZZIE WITHERS**

**MACHINE APPLIQUE'**

