

# Patchwork Press

H E B E R V A L L E Y Q U I L T E R S

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IN REVIEW

The guild enjoyed **Liz Withers**, our guest instructor at April's guild meeting. She demonstrated Harriet Hargrave's "Mastering Machine Appliqué" methods.

To prepare her fabrics, Liz likes to use spray starch on the background piece to stabilize. She suggested using any inexpensive starch, which will do the trick as well as any expensive brand or liquid starch. Spray the starch on your fabric, then either allow it to soak in, or rub it into the fabric before pressing. Doing this will help prevent those pesky starch flakes. She repeats the process about 10 times to make the background stiff and paper-like. She also starches the appliqué piece several times while preparing the shape.

Liz's favorite method of appliqué to use is a blind hem stitch. It looks like hand-stitching when done with this technique. Her favorite thread to use: Superior Thread's *Mono.Poly* polyester monofilament thread for the top using a 60/8 sharp needle, and Superior's *Bottom Line* or YLI *Bobbin Lingerie* for the bobbin.

She also recommended using the "Purple Pen" for marking the background for placement; an air-soluble disappearing ink pen made specifically for quilt marking.

The guild thanks Liz for sharing her great tips to help us master our own machine appliqué techniques. See more details and great pictures of Liz and her new baby on our guild blog site.

SERENDIPITY QUILTS

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One of the classes that several guild members attended at the Puyallup Sewing Expo last month in Washington was "Serendipity Quilts." The word serendipity actually means "a happy accident."

The class? Kaleidoscope Quilts.

The most important step: Fabric selection.

Here are some tips to help your happy accident become a work of art!

- ✂ CHOOSE LARGE PRINT, HIGH CONTRAST PRINTS—areas of light and dark, strong design lines, some but not too much space between motifs, at least three colors—more for geometric designs.
- ✂ 12" - 13" REPEATS—measure to be sure to get six motifs plus some extra for each block.
- ✂ STACKING—Align pattern using pins or needle and thread—be careful not to shift or distort the layers.



QUILTIN' IN THE WOODS

The day we have been waiting for is finally here! Next Thursday, Friday and Saturday get ready for quilting bliss with three whole days of quilting and fun together. Information packets, supply

lists, directions, etc. will be mailed to those who have registered to attend.

Say hello to last year's sewing companion, (Bullwinkle) and have a great weekend!





QUEEN BEE



**BETHANY MITCHELL MAY** grew up in Kamas, Utah. She attended UVSC in Orem, majoring in interior design, but was encouraged to take a drafting course to become familiar with its use in design. She loved it so much, she switched majors to drafting technology then received an associate degree.

While at UVSC she fell in love with ballroom dancing. She joined the UVSC Ballroom Team and at her first couples competition in California, she and her partner took 4th place .

Bethany met her husband Jay at college and they were married in 2001. They

celebrated their seventh anniversary in March. They have three children; J.T. is seven, Tyler is four and Abigail is two years old.

Bethany also enjoys crafting, sewing everything she can, reading, scrapbooking, making cards, cross-stitch being silly with her family, and bowling.

Bethany grew up in a quilting family. Her goal is to be as good a quilter as her Mother whose hand-quilting is exquisite. Bethany says that her mom has made about a billion baby blankets. She can also remember her grandmother quilting whole cloth quilts as she sat under the

frames watching the design take shape in wonder.

Bethany says that she has fallen in love with appliqué, and finds it very relaxing. She is excited about the options with appliqué, and thinks she is drawn to more difficult patterns. Just ask the women in her friendship group last year! (curved piecing—thanks for the challenge!) She hasn't found anything that is hard for her, just takes some extra time and practice.

She says "I use more time than I should to quilt and create; I don't even have a stash yet. What a wonderful hobby to get lost in, I love it."

FROM A 1949 SINGER SEWING MACHINE MANUAL



If you have ever had trouble focusing at the sewing machine or felt a little stressed while quilting — this may be just the help you need!

Prepare yourself mentally for sewing. Think about what you are going to do. Never approach sewing with a sigh or lackadaisically. Good results are difficult when indifference predominates.

Never try to sew with a sink full of dirty dishes or beds unmade. When there are urgent housekeeping chores, do these first so your mind is free to enjoy your sewing.

When you sew, make yourself as attractive as possible. Put on a clean dress. Keep a little bag full of French chalk near your sewing machine to dust your fingers at intervals (to combat sweaty fingers?). Have your hair in order, powder and lipstick put on. If you are constantly fearful that a visitor will drop in or your husband will come home and you will not look neatly put together, you will not enjoy sewing as you should. ÜÜÜ

ELEMENTS

EARTH, AIR, WATER, FIRE

The Element of Design Challenge for the month of March was to add beads to our ELEMENTS quilts. Several of the quilts are posted on the guild blog; be sure to check them out. Beautiful bead work, ladies, and congratulations for taking the challenge!

Final step: The element of QUILTING.



You now have until June 5th to quilt, bind and label your quilt to prepare for the 7th annual Design Challenge Quilt Show! Those who complete their final element (including a label) will be eligible to participate in the Viewer's Choice award. Following guild meeting, Sherron will collect the Element quilts to include in the Quilt Show at the Library for the remainder of the month.

LIBRARY QUILT SHOW

Heber Valley Quilters will be the featured artist of the month at the Wasatch County Library during the month of June.



Guild VP and Library Quilt Show chair, Sherron Watson plans to set up the show on Friday, May 30th, from 6:00 to 8:00 pm, and Saturday, May 31st, from 9:30 am to 1:30 pm. For those displaying quilts, drop your quilts by the library during those times, then stay and

help setup if you'd like.

A reception for the guild is set for the 21st of June from 11:00 am to 4:00 pm in conjunction with the

Library's annual Literary Picnic and Arts Festival Open House held that day on Library's plaza.

If you would like to help, contact Sherron Watson phone: 435-714-2107 sherron.watson@gmail.com

**APPLIQUÉ CLUB**

Lullaby Quilt Club / Appliqué 101  
 No meeting this month, see you in June!

**CHARITY QUILTS**

*Check out our HVQ Charity Quilt Thermometer chart to help motivate us all to finish a quilt for charity. Thanks for your support and help. Remember, kits are available if you would like one.*

*Pieced or not, quilted or tied, bring in your quilts crib size or larger, and add your name to the chart. Let's see if we can bring it to the boiling point!*



*Crusan and Wendy*



**COOL TOOLS**

Barbara Murdock gave some great pointers and tips on pins and needles.

**ON PINS...** Smaller pins make less of a hole in your fabric, are easier to sew over if you happen to, and are much easier to pin into fabric. She does not recommend the flat flowerhead pins, even though they do lay flat, they make larger holes in your fabric. Most stores carry Frym or Dritz extra-fine glass head pins, but Clover very fine pins are even finer—though they are harder to find and a bit more expensive, they are her favorite. Barb likes the short Bohin pins for appliqué.

**...AND NEEDLES:** Most sewers have grown up with universal needles that can be used on knits as well as cottons. Sharps were developed to pierce cotton fabric better, stay sharp longer, and should be used on cottons and especially on fabric with high

thread count such as batiks. *Microtex* is the sharpest needle. For best results while piecing, do not use quilting needles which are made to quilt through layers of fabric and batting. Use a sharp 80/20 with a 50 weight thread, or a sharp 70/10 with a 60 weight thread such as Superior Thread's "Sew Fine" which will make the thread seem to disappear into the fabric. This may also help make accurate 1/4" seam allowances. Seams will stitch straighter and pressing will be crisper without the bulk of heavier thread. Always change your needle with each new project. Needles can become dull, bent and damaged just with regular sewing. A bent needle can also cause damage to your machine. You've invested a lot of money on your sewing machine, equipment and fabric. Doesn't your next project deserve a new needle?

**FRIENDSHIP BLOCK EXCHANGE GROUPS**

Friendship Block Exchange Groups are a great way not only to collect and try new patterns, but to make great friends. Be sure to stay on schedule so that everyone can stay FRIENDS!



**GROUP #1: JUNE: BARBARA ODLAND**  
 July: Sherron Watson, Aug: Kim Shannon, Sept: Shantelle Cox; **RETURNS:** Crusan, Courtney, Wendy.

**GROUP #2: JUNE: BETHANY MAY**  
 July: Linda Beecher, Aug: Heather Epperson; **RETURNS:** Kazuko, Margaret, Beth.

**GROUP #3: JUNE: PAULETTE ADAMS**  
 July: Twila Gutierrez, Aug: Patty Wilcox, Sept: Toni Tieg; **RETURNS:** Debbie, Christy, Deonn

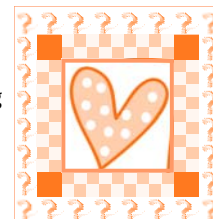
**GROUP #4: JUNE: NITA GRAHAM**  
 July: Natalia Bonner, Aug: Liz Palmier; **RETURNS:** Connie, Jen, Rachel

**ROUND ROBIN**

**ROUND III** — Round Robin quilts are in their final round. The final borders will be added over the next few weeks and ready to give back to their owners at June's meeting. This will be another fun addition to our Design Challenge Quilt Show evening as part of "Sew and Tell."

Be sure to complete your project in time. If you are unable to attend guild meeting that evening, be sure to send the quilt with someone else.

Good luck, ladies!



We're Online! Check out our guild **WEBSITE:**

[www.hebervalleyquilters.inwp.com](http://www.hebervalleyquilters.inwp.com)

and **BLOG:**

<http://hebervalleyquilters.blogspot.com>

*Patchwork Press*

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**M O N T H L Y   G U I L D   M E E T I N G S**

Join us for our monthly  
guild meetings held on the

***FIRST THURSDAY***

of each month

**7:00 pm. To 8:30 pm.**

**PLEASE NOTE:**

Guild Meeting for June's Design  
Challenge Quilt Show will be held at the  
Senior Citizen's Center located in the

***WASATCH COUNTY LIBRARY***

**465 East 1200 South  
Heber City, Utah**

***MAY 1ST-3RD***

***"QUILTIN' IN THE WOODS"***

***GUILD RETREAT***

***PLEASE BRING:***

✂ Fabric, projects and food to last for  
several days, in case you get snowed in  
the cabin in the woods..... Just kidding!

*Watch your mailbox for a letter from Shantelle  
listing everything you'll need for a fun-filled  
getaway. Questions? phone 657-0581,  
or email [princessquiltsalot@msn.com](mailto:princessquiltsalot@msn.com)*

***JUNE 5TH***

***DESIGN CHALLENGE  
QUILT SHOW***

***ROUND ROBIN RETURN***

***HEIRLOOM PATTERN DESIGN***

