



President's Message

Do you ever just feel like a change? I do all the time. To me change means progression, improvement and adventure. I think back of when I first started quilting and how things have changed. I have changed how I think of quilters and quilting, of my appreciation of the types of quilting, the tools that we have as quilters, etc.

One of my first quilts was completely hand pieced and hand quilted... I was so proud of my accomplishment. It took forever too. I remember my first machine pieced quilt top and even the first time I machine quilted a top. It was so fast! I admire both of these techniques and would love to become better in each area and that is why I am thankful for the opportunities we have of changing what we work on from time to time.

When I buy fabric I usually go for the same color tones...reds, yellows, creams and greens. I need to mix it up more and change some of my color

selections so that my quilts don't all have the same feel and look. I really admire those ladies in the guild that have such a style of being able to do different types of quilts with fun fabrics.

I am looking forward to Natalia's class this month. I feel that it will help me get out of my rut and into the "new and changing" era of quilting. I love the new fabric lines and they have made it so easy for us to use them in our quilt making. Jelly Rolls, Layer Cakes and such, are names we associate with cooking, but now they have a place in our sewing rooms. By learning about these new fabric choices and what can be done with them, I am hoping to expand my horizons and to use them more.

I hope that everyone that wanted to participate in our bees has had a chance to do so. Shantelle's idea for the Design Challenge is going to be so fun. I personally love the basket quilt block. I have several quilts with this block already but there are

several to choose from and it will be fun to add another quilt project to my stash that features a basket block. Cat has organized our Round Robin and this too has the ladies excited to see what their fellow quilters will add to their block of choice.

I just have to say how amazed I am at the amount of projects that we are finishing. This last month's Sew and Tell was amazing! You ladies are amazing! I know we are so busy with life, work, kids and...well life, that quilting can sometimes get overlooked. But, not our ladies... they keep on sewing and the projects just keep on coming! I love it! Thanks to Rachel for getting such good pictures for our blog, this helps a ton when trying to remember who did what.

As always, it's a thrill to be your President and to be a part of this fun organization. I hope to see each of your smiling faces at our next meeting!

Sherron





Queen Bee ~ Heather Berg Epperson

Heather is one of those rare people who actually grew up in Heber City, and is the oldest of eight children. She earned a degree in Elementary Education from SUU, then served a mission for her church in Alabama for 18 months. She married a local boy, Lynn Epperson, thirteen years ago, and taught school in Park City until their first child was born. They now have four children: Ellie, 11, Weston, 9, Bekah, 6 and Ray 4.

Heather became interested in quilting last year when a friend encouraged her to join the Quilt Guild. She has been sewing for many years and during her high school years won several blue ribbons for her projects in 4-H at the county and state level.

Her other interests include scrapbooking and card making. She also loves to work on her blogs for family and a co-op preschool. She loves to go out to lunch. She and a group of friends go to lunch for each of their birthdays.

Heather's favorite food is chocolate but if she wants a "healthy" snack, it's chips and salsa. We love having Heather in our guild.



Design Challenge Bee 2009

Quilting is all about FRIENDS... This year's Design Challenge features "Baskets of Friendship". This year's guild meeting. Wrap in clear cellophane or plastic wrap, and tie with a ribbon you will easily recognize.

First Assignment: make a 9" basket quilt block (that's 9-1/2" unfinished).

Add two of your favorite notions or tools (new, not used; under \$10) and wrap those items along with the basket block and label in the tiny basket given out at



March 5th Exchange — Bring wrapped basket full of goodies (basket block, two notions and label) to the Design Challenge Bee at 6:30pm.

Any questions? Call Shantelle: 657-0581, or email: princessquiltsalot@msn.com

Finishing Bee
Project to complete
by March Guild
meeting:

#5

Finishing Bee

Every quilter has them: UFOs— UnFinished Objects taking up physical space in the sewing room and mental space that most busy quilters can ill afford to spare. It seems that quilters are so anxious to learn the next technique, that they are ready to move on to another project before the current one is finished. In this column look for tips to help you transform UFOs from clutter that only gathers dust into treasures that gather memories.



Decide You Really Want the UFOs Finished

The first essential in finishing your UFOs is feeling a genuine urgency to get them done. Be honest with yourself about this. Maybe designing, piecing, or appliqué are the things you really love about quilting. Maybe, deep down inside, the basting, quilting, and binding don't interest you all that much. If that's the case, it might make more sense to find someone else who really loves finishing quilts to complete your UFOs.

You could offer to swap tasks with another quilter who doesn't like piecing, or pick up some extra cash by selling your tops on eBay to someone who will enjoy finishing them, or donate them to a charity group that will make sure they get to people who need them. If you decide you really want to finish them yourself, well, that's where the "Finishing Bee" comes in.

If you haven't done so and would like to join the Finishing Bee, check last month's newsletter for instructions, or call Bethany May: (435) 512-4971.



Charity Projects

The Guild's main charity project this year is to collect money to help women in third world countries



provide for their families. World Vision is a wonderful organization, and we can donate money for a sewing machine through their company.

Poverty-stricken girls and women — including orphans, HIV-positive widows, and single mothers — are often unable to support themselves and their families. Our gift will provide a sewing machine and

training to help a girl or woman in a country like Albania, Bosnia, or Indonesia to achieve self-sufficiency and hope for the future.

Promise from World Vision: **"We promise to honor your generosity and use your donation in the most**

effective way possible. The suggested donation amounts are based on periodic surveys of the countries we serve. Donations will be used to provide assistance where it is needed most."

Our goal is to reach \$270.00 by the end of the year — that is enough to provide one sewing machine. The suggested donation amount is \$1. A fun way to remember to donate would be to put in \$1 for each Sew & Tell item you bring. Look for the cute little house at guild meeting to put your donations in.

Remember to bring your dollars or loose change rattling around in the car or junk drawer, and help us fill the house \$1 at a time, reach our goal, and make a difference in someone's life. "Bee Charitable"... and thanks!

KAYEDAWN & CRUSAN

ONGOING : LIKE TO MAKE QUILTS FOR CHARITY? DONATIONS OF LAP-SIZED QUILTS FOR DIALYSIS PATIENTS WILL BE ONGOING THROUGH 2009.



Sew... you want to be a Quilter...

A "fat quarter" is not an anatomical part... no, not a result of amassed cellulite, just a handkerchief-sized square of fabric. Fabric is sold by the running yard. A quarter-yard of fabric is long and skinny (9" x 44"). Fabric stores usually cut a half-yard of fabric, and then cut the half-yard in two. The resultant quarter-yard pieces are short and fat (18" x 22"), hence the name *Fat Quarter*. These cuts are a much more functional piece of fabric, offering more versatility, whether for patchwork or appliqué.

Fat Quarters are addictive. Once you have some, you must have more. Quilt Shops feed the need with beautiful selections of pre-cut, pre-folded fat quarters in bins or on shelves. They are like glistening jewels, beckoning, calling to you. And so the stash begins to build....

March Guild Meeting Preview

BEE DARING... What are all of these layer cakes, jelly rolls, jelly cakes, honey buns and turnovers? Sounds delicious! These are the names of pre-cut, pre-packaged fabrics. Natalia Bonner will share examples along with a trunk show

to demonstrate what can be done with a these trendy fabrics and bundles. A special guest and former guild member, Anne McEuen, will demonstrate some projects made with wool.

See you next Thursday!

Quilting Bees

Heber Valley Quilters
2009 Calendar

January 8
Bee Informed

February 5
Bee Precise

March 5
Bee Daring

April 2
Bee Different

May 7
Bee Challenged

June 4—6
Bee with Friends

July 9
Bee Unique

August 6
Bee Adventurous

September 3
Bee Creative

October 17
Bee Surprised

November 5
Bee Done

December 30
Bee Merry

A "fat quarter" is NOT an anatomical part...

Round Robin Bee



March: Round 1—Bring your Center Block for the initial exchange. Receive someone else’s block to add the first border.

April: Round 2—Return Round 1 block with first border added, give to Cat to exchange for someone else’s.

May: Round 3—Return Round 2 quilt with second border added; exchange again. This time you will have two months to add the final border—no RR Bee

in June due to Guild Retreat.

July: Round 4—Return Round 3 with final border added for the big reveal; return to original owners! Yeah!

For inspiration, check out some past examples by visiting our blogspot or website:

<http://hebervalleyquilters.blogspot.com>

www.hebervalleyquilters.iwarp.com



Subscription Fundraiser

Announcing a unique opportunity to raise a little extra money for our guild and to have a great magazine come to your home for a year. As a bonus, you will also receive two gift booklets and two spools of thread for new subscriptions or renewals through this program.

The cost is \$20; \$5 stays with the guild. Purchase subscriptions or renewals for yourself, family or friends and they can be shipped anywhere in the US. If you are renewing, your current subscription will continue uninterrupted.



As a note of interest, last year around 25 people participated, and generated \$125 for our guild. Renew again this year when your subscriptions expire, and help with the fundraiser again! (Bee Helpful!)

Subscription sheets will be available at guild meetings. Make your check payable to Heber Valley Quilters for \$20. Your first issue will arrive in six to eight weeks. See Shantelle Cox for details, or call 657-0581.

Monthly Meetings



Join us for our monthly guild meetings held on the

FIRST THURSDAY

of each month

7:00 p.m.

COMMUNITY ROOM

AMBank Building

620 West 100 South

Heber City, Utah

See you soon!

Next Meeting:

March 5th

Bee Daring

Please Bring:

- Sew & Tell items
- Finishing Bee item #5, or fat quarter to add to the pot.**
- Round Robin center square**
- Design Challenge “Baskets of Friendship” (see page 1)**
- Quilted Nametag
- \$\$ and spare change for charity

**If participating

Next Month:

April 3rd

Bee Different

