



Quilting Bees

President's Message

My year has started off with my feet running... is everyone else doing the same thing? If so, how do we all find the time to quilt? I have decided that quilting is a necessity of life for me. I need the time to think, create and work with my hands. Even when I find myself tired each day I still take a few minutes to work on something.

I find keeping my stuff organized (Tricia had some great ideas in January) and accessible helps me to reach my goal. My latest project is time-consuming—mostly appliqué—and it involves a lot of little pieces. I love baggies of all sizes. I can label them and return to my project each time knowing exactly where I left off. I can't wait to share with all of you this quilt...it will be done this year with the help of the Finishing Bee.

I thought we had a great meeting in January. I think back to my first time coming to our guild and feeling

totally overwhelmed. I had been a quilter for a while, but I was mostly self-taught. I found that my technique was average and my knowledge very limited. I immediately wanted to learn from the ladies who were so enthusiastic and knowledgeable.

In the last three years that I have been involved with Heber Valley Quilters, I have learned so much. With this in mind, we have had a great group of ladies join our guild in January. Several of them made comments of being "brand new" to the quilting hobby. I admire these women for taking on the challenge of learning a new skill. The thing I love about the quilters in Heber Valley is that they are always willing to help. So, ladies that are new to the guild, please use the resources that you have so readily at your fingertips and I hope that you will enjoy your time in the guild as much as I have.

With each new president there comes change.

I have tried to make the simplest and smallest of changes to the guild. I have added the Librarian and the Finishing Bee. I made a slight change to the schedule to try and accommodate all of the ladies in the guild. I wish to express my thanks to all of the board for their support, and to the ladies that depend on us each month, to make their one night a month fun, enriching and relaxing.

I am excited for February's meeting. Rachel Crane will be sharing with us her ideas and tips for paper piecing. This technique is easy to master and makes blocks that are very precise... hence the title *Bee Precise*. Rachel has shared her talents with us before and we look forward to hearing from her again. Please bring your questions and any examples that you may have of this technique to share with us at Sew and Tell.

I can't wait until guild meeting!
..... Sherron



Design Challenge Bee 2009

This year's Design Challenge will be issued on February 5th at 6:30pm. It will be another great challenge that you don't want to miss. The purpose of the Design Challenge is to go beyond the printed pattern you find in the quilt shop, the magazine, book or online. It is a time to challenge yourself to design your own quilt. Best of all, Design Challenge is for quilters of all skill levels; from the newest beginner to the more experienced quilter. So no matter your perceived skill level, you can participate in the

challenge and have a great time. Everyone will receive a participation prize at our Design Challenge Quilt Show at guild meeting in May! (First Instructions...February / Last Instructions...March / Challenge Quilt Show...May)

If you can't make it at 6:30pm, just talk to Shantelle at guild meeting for the instructions. Also, Shantelle is available for help with your challenge quilts anytime, just call 657-0581.



Exercise the creative mind. The adage of “use it or lose it” is real. Creativity, whether it is in writing, painting, quilting, dance, or even welding is something that flows within you. You must keep it fluid or like the cold of winter, it will freeze up. Practice your creativity often and you will be rewarded with beautiful works of art that will bring you much joy. When you reach a certain point of total flow, you will know.

I read once in a fantasy series about some magicians that focused on a flame. When they focused on the absolute center of that flame they had found the center of their source of magic and could tap into it. The actuality was that it was not an outside source. The ability was within them all along, they merely needed to focus on something they saw as tangible when they learned. The flame would only take them so far. To really soar as a magician they needed to surpass the “crutch” and see the unlimited ability.

And that is what we need to do. Use the books, patterns, and other tools (The flame) and then start to reach out, feel the creativity within us and ... go with the flow. Eventually, we will find our creative pool and dive in. Use the creative imagery around you, tap into the underlying energy around you and create. Fabric is your medium. Break all the “rules” of quilting, gravity, and even quantum physics if it pleases you. Experiment with everything at your disposal. Bring facets and techniques from other art forms. Even visit the past to create something new.

But what about... Naysayers? Just tell them this; (somewhat of a quote from a movie I’m sure you know which one) Tomas Edison, when asked why he never gave up on inventing the light bulb with so many failures said... “I didn’t fail. I learned 900 ways how not to make a light bulb. All I needed was to learn one way to make it.”

That is so true. Creativity is not about getting it right the first time. It’s about riding the wave of HOW it feels being in the middle of it. It’s about enjoyment. It’s about you... tapping into the elements within, the planet and the universe and .. Creating. In the end, you may have 900 UFOs in the closet and one truly stunning work of art that makes others drop to their knees and cry with the sheer beauty of it. The clouds will part and the angels will sing. Because you never gave up. Then, later on you will have an epiphany and bring out all the other UFOs and find the creativity flowing in just the right way seeing exactly how you want to finish them. Some days, some quilts are just not meant to be made. Wait and the day will come.

Diana Tavis ~ the Quilting Cottage

Finishing Bee Project
to complete by
February Guild
meeting:

#4

Finishing Bee

Bethany May is heading up a fun, new group: Finishing Bee. Scheduled to meet after guild meeting following the Round Robin Bee, here are guidelines:

- To join, contribute one fat quarter to the pool.
- Make a list of **10** projects you want to finish throughout the year. These can be works in progress, or new projects (write “New Project” on your list) List them in any order you’d like.
- Bring a copy of your list to the Finishing Bee, where Bethany will keep it on file, then keep a copy for yourself for inspiration.
- Each month Bethany will draw a number, and you will work on that project from your numbered list. The project number to complete by February guild meeting: #4 (In essence, choose whatever

project you’d like to begin with and write it on line #4)

- Return the following month with your completed project and put your name in the drawing for the fat quarters.
- If you don’t complete your project on time, it’s a “BUMBLE” BEE — the penalty is to contribute another fat quarter to the kitty.
- Everyone will receive one FREE BEE at February’s guild meeting. At any point you can make one substitution (switch projects) for any reason using your FREE BEE.
- If you have not used your FREE BEE by the end of the year, return it for another chance in the drawing.
- The final drawing will be held at the Christmas Social in December.

Set reasonable goals. If all you have to do to complete a project is add a label, make several! If your project will take longer than one month to complete, give it two spots, or whatever seems reasonable. Bethany plans to make a large quilt and will spread it out over two or three slots: Piecing, Quilting, Binding.

In April and September—the months prior to our retreats—Bethany will draw out two numbers, and you will have two months to complete both projects.

If you would like to get together for a regular old “Quilting Bee” to work on your projects, the Conference Room at the Wasatch County Services building will be available from 6:00 to 9:00 pm on the FIRST Wednesday of each month. Call Debbie Proctor: 671-0249.

For any other questions regarding this group, call Bethany at (435) 512-4971 or email: jayandbethany@hotmail.com.



Charity Projects

The Guild's main charity project this year is to collect money to help women in third world countries provide for



their families. World Vision is a wonderful organization, and we can donate money for a sewing machine through their company.

Poverty-stricken girls and women — including orphans, HIV-positive widows, and single mothers — are often unable to support themselves and their families. Our gift will provide a sewing machine and training to help a girl or woman in a country like Albania, Bosnia, or Indonesia to achieve self-sufficiency and

hope for the future.

Promise from World Vision: **"We promise to honor your generosity and use your donation in the most effective way possible. The suggested donation amounts are based on periodic surveys**

of the countries we serve. Donations will be used to provide assistance where it is needed most."

Our goal is to reach \$270.00 by the end of the year — that is enough to provide one sewing machine. The suggested donation amount is \$1. A fun way to remember to donate would be to put in \$1 for each Sew & Tell item you bring. Look for the cute little house at guild meeting to put your donations in.

Remember to bring your dollars or loose change rattling around in the car or junk drawer, and help us fill the house \$1 at a time, reach our goal, and make a difference in someone's life. "Bee Charitable"... and thanks!

KAYEDAWN & CRUSAN

To learn more, visit World Vision's website: www.worldvision.org.

A NOTE FROM CRUSAN: TO ALL THOSE WHO PARTICIPATED IN LAST YEAR'S CHARITY PROJECTS (DIALYSIS CENTER QUILTS & QUILTS 4 CANCER), DRAWINGS WILL BE HELD AT FEBRUARY'S GUILD MEETING. QUILTS ARE STILL BEING ACCEPTED FOR THE DIALYSIS CENTER, SO THERE IS STILL TIME TO INCLUDE YOUR NAME IN THE DRAWING. PLEASE CONTACT CRUSAN AND SHE WILL ARRANGE TO FOR A PICKUP: 654-5077 OR 435-503-0955. LAP-SIZED QUILTS FOR DIALYSIS PATIENTS WILL BE ONGOING THROUGH 2009 WITH ANOTHER DRAWING AT THE END OF THE YEAR DURING OUR GUILD CHRISTMAS SOCIAL.

Enjoy the journey...
there's lovely scenery.

Sew... you want to be a Quilter...

"I would like to learn quilting, but it looks difficult."

This statement couldn't be further from the truth. Quilting is, in essence, sewing a straight line. Quilting should be first and foremost, FUN! Once you get through your first few quilts and can see through the "smoke and mirrors" of the mystique some associate with the complex-looking designs, odds are you will find your quilting groove. After that you start to look for increasingly more challenging projects. Enjoy the journey...there's lovely scenery.



February Guild Meeting Preview

Rachel Crane will present our lesson for February's guild meeting: "Bee Precise"; The Tricks of Paper-Piecing.

Bring a GLUE STICK and a pair of scissors (Rachel says that you will be sad if you don't!) We will each make our own small sample to practice the

technique. She will also demonstrate by making a quick paper-pieced mountain from the Heber Valley Row Quilt.



Quilting Bees

Heber Valley Quilters
2009 Calendar

January 8

Bee Informed

February 5

Bee Precise

March 5

Bee Daring

April 2

Bee Different

May 7

Bee Challenged

June 4—6

Bee with Friends

July 9

Bee Unique

August 6

Bee Adventurous

September 3

Bee Creative

October 17

Bee Surprised

November 5

Bee Done

December 30

Bee Merry

Round Robin Bee

Round Robin exchange group is an exciting and challenging adventure. You supply the center block, and three other quilters in the group will each add a border to it. Your initial block will become a beautiful wall hanging or table topper. In turn, you will be designing and adding borders to three other little quilts.

Round Robin Bee will be held after guild meeting following *Sew & Tell*. The schedule is as follows: February: Meet to discuss rules, decide on center block size.

March: Round 1—Bring your Center Block for the initial exchange. Receive someone else's block to add the first border.

April: Round 2—Return Round 1 block with first border added, give to Cat to exchange for someone else's.

May: Round 3—Return Round 2 quilt with second border added; exchange again. This time you will have two months to add the final border—no RR Bee in June due to Guild Retreat.

July: Round 4—Return Round 3 with final border added for the big reveal, return to original owners! Yeah!

For inspiration, check out some past examples by visiting our blogspot: <http://hebervalleyquilters.blogspot.com>



Subscription Fundraiser

Announcing a unique opportunity to raise a little extra money for our guild and to have a great magazine come to your home for a year. As a bonus, you will also receive two gift booklets and two spools of thread for new subscriptions or renewals through this program.

The cost is \$20; \$5 stays with the guild. Purchase subscriptions or renewals for yourself, family or friends and they can be shipped anywhere in the US. If you are renewing, your current subscription will continue uninterrupted.



As a note of interest, last year around 25 people participated, and generated \$125 for our guild. Renew again this year when your subscriptions expire, and help with the fundraiser again! (Bee Helpful!)

Subscription sheets will be available at guild meetings. Make your check payable to Heber Valley Quilters for \$20. Your first issue will arrive in six to eight weeks. See Shantelle Cox for details, or call 657-0581.

Monthly Meetings



Join us for our monthly guild meetings held on the

FIRST THURSDAY
of each month
7:00 p.m.

COMMUNITY ROOM
AMBank Building
620 West 100 South
Heber City, Utah
See you soon!

Next Meeting:

February 5th

Bee Precise



Please Bring:

- Glue Stick, Scissors
- Sew & Tell items
- \$\$ for Charity Project
- Paper-Piecing examples
- 1 Fat Quarter and copy of your Project List for Finishing Bee**

**If participating

Next Month:

March 5th

Bee Daring

