

* Patchwork Press *

HEBER VALLEY QUILTERS

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DESIGN CHALLENGE

Shantelle Cox

IN REVIEW—2005 April GUILD MEETING

“Quiltin’ in the Woods” 3rd Annual Retreat

Report by Shantelle Cox

As you may guess, planning our annual retreat takes many hours. I really enjoy the planning, the shopping for door prizes and the anticipation of a great weekend. You might think that the planning or the actual retreat itself causes huge amounts of stress, but it really doesn't. The most stressful part of the retreat for me is the cleaning up to leave and closing up the cabin. I'd like to say thank you to everyone who helped clean up. I really appreciate your help. I was very surprised at how spotless the cabin was when we left compared to how covered in thread snippets it had been. When everyone helps to clean, it goes very quickly. Thank you for helping out and making this retreat a huge success for us all.

I would love to hear from you about the retreat. Please let me know what you liked or disliked, what worked well or didn't work well, what you would like to see happen or see happen differently. Basically, I'm open to hear suggestions for future retreats. I love the retreats. And the two women who own the cabin love to have us there and love to hear how much fun we have. They were surprised we slept 15 adults and that we had found room for 17 sewing machines.

Thanks again for your support at the retreat!

-Shantelle



RETREAT STATISTICS

Attendance	18	quilters
	1	baby
Sewing Machines	17	
Irons	3	
Mystery Quilts	15	most were finished at the retreat
Chicken Breasts	17	consumed Friday night
Bed time	2-3	a.m.
Average hrs. of sleep	4	
Eggs	20	to make quiche
Swung on swings	2	people
Door prizes	51	
Cars	6	
Inches of snow	3	
Wild animals spotted		blue jays
People who braved a cold shower	2	

Continued on page 3

WHAT'S NEW—MAY GUILD MEETING

Christy Watt will be presenting an exciting workshop on stitchery. This is a hands-on class. Materials will be provided, all that you will need to bring is a small embroidery hoop. Christy will discuss fabrics, tea-dyeing, transferring patterns, designing your own patterns, and of course, stitches.

Be sure to attend guild meeting and receive your next set of Primitive Americana patterns, which will include stitchery techniques learned that evening. See you there!

The Calico Road

by Barbara Murdock



For most of the month of May, I have spent my time outside working in my yard, but I did take off for a fun week in Denver to attend the National Appliqué Society Conference. My sister was in charge of coordinating all the vendors, and that made me the Assistant Vendor Coordinator. Over six hundred registered for this show, and I understand there were some wonderful teachers, but we were unable to take any classes as we had to be available in the vendor area. There were about 50 vendors. It was a great learning experience to see how a conference of this size is put on.

I told myself before I left that I did not need to buy anything new, and

that I would not spend any money. Hanging out in the vendor area caused me not to keep this commitment. My sister and I did get away for a few hours to visit the Great American Quilt Store in Denver, where we bought more fabric. We also stopped at the quilt store in Glenwood Springs, but I was not too impressed.

The Panguitch Quilt Walk is coming up the second weekend of June, and I will be driving down with some friends from Salt Lake. I will report back on our trip in next month's newsletter. Meanwhile, don't forget to plan for the Wasatch Front Shop Hop coming up the end of June. Quilt On!

Friendship Block Exchange

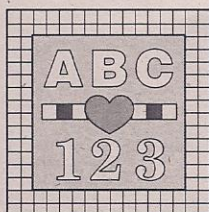
March: Michele Murdock
 April: Deonn Stott
 May: Rachael Crane
 June: Shantelle Cox
 July: Martha Furse
 August: Cat Beckstead

Heber Guild Member List

QUEEN BEE	MEMBER NAME	PHONE
	Heather Ackerson	654-3140
	Cat Beckstead	657-2336
	Cathie Bethers	654-5035
Jan-04	Michelle Blair	654-7128
	Dana Brosnahan	654-5897
	Shantelle Cox	657-0581
	Rachael Crane	654-7038
Aug-04	Claudia Daniels	654-3959
Jul-04	Joan DeFriez	654-2124
	Martha Furse	435-336-4060
	Jill Gehring	657-0505
	Kari Giacalone	657-0805
	Tricia Livingstone	657-0955
Mar-04	Tricia Mathis	654-9807
Jun-04	Julie McNaughtan	654-5358
	Barbara Murdock	654-0656
Nov-04	Michele Murdock	654-4917
	Kristine Nichols	654-9004
	Barbara Odland	435-645-9145
Dec-04	Jeannine Pratt	654-4808
	Debbie Proctor	654-2079
Feb-04	Celeni Richins	654-4767
	Toni Sharp	801-582-1207
Feb-05	Deonn Stott	503-0484
	Glinda Straddeck	657-0891
	Mandy Sommers	654-4506
Apr-04	Christy Watt	654-2888
Mar-05	Brenda Wilcox	657-0798
May-04	Gail Witkamp	654-0300
Sep-04	Sheryl Wood	654-5620

News

Tricia Mathis decided she'd rather have a baby than join us for the retreat. Her new baby son, Wyatt, was born on April 27th - 8 lbs. 4 oz., and measuring 22½" long. Congratulations, Tricia!



Surprise, it's a Girl!
 Rachel Crane had her new baby girl, Kendal, on Sunday, May 22nd - weighing 9 lbs. 2 oz., and measuring 22" long. Congratulations, Rachel!

Don't miss

★ "Annie Get Your Gun" ★

coming up June 2nd, 3rd, 4th and 6th, 7:00 pm
 at Midway Town Hall

starring Deonn Stott as "Annie" on the 2nd and 4th.

Call Deonn for ticket info, 654-4203 (home) or 654-0353 (work).

Check out our web site and enjoy:

- * Design Challenge 2005 pictures
- * Patriotic Americana Quilt pictures
- * Quilting Links, Free patterns, etc.

www.hebervalleyquilters.iwarp.com

IN REVIEW —continued



I want to thank those that indulged me by participated in the Mystery Quilt.

I hope you all enjoyed it as much as I did. Remember to bring your finished top to our meeting so I can take pictures for my quilt journal.

~Cat



Make & Take



4-wheeler queen—Shantelle

RETREAT RECIPES

CHOOSE-A-FLAVOR QUICHE

From Better Homes and Gardens New Cook Book—Made by Shantelle

Single crust pastry shell

3 beaten eggs

1½ c. milk

¼ c. sliced green onion

¼ tsp. salt

½ tsp. pepper

dash ground nutmeg

¾ c. chopped cooked chicken, crabmeat or ham

1½ c. shredded swiss, cheddar, monterey

jack or havarti cheese (6 ounces)

1 tbsp flour

Prepare single crust pastry shell. Line the pricked pastry shell with a double thickness of heavy-duty foil. Bake in a 450 degree oven for 5 minutes. Remove foil. Bake for 5 to 7 minutes more or till pastry is nearly done. Remove from the oven. Reduce oven temperature to 325. Meanwhile, in a bowl, stir together eggs, milk, onion, salt, pepper and nutmeg. Stir in chicken, crabmeat or ham. Toss together shredded cheese and flour. Add to egg mixture; mix well. Pour egg mixture into hot pastry shell. Bake in the 325 degree oven for 35 to 40 minutes or till a knife inserted near the center comes out clean. If necessary, cover edge of crust with foil to prevent over-browning. Let stand for 10 minutes. Serves 6.

I made an all vegetable quiche using green onion, green pepper and roma tomatoes.

MISSISSIPPI MUD CAKE

Made by Celeni

2 sticks (1cup) butter or margarine

2 c. sugar

4 eggs

¼ c. cocoa powder

¾ tsp. salt

1½ c. flour

1 tsp. vanilla

1½ c. flaked coconut

1½ c. chopped nuts

1 (7 oz.) jar of marshmallow cream

Cream butter and sugar together. Beat eggs in adding one at a time. Sift cocoa powder, salt and flour together. Add to egg mix. Stir in vanilla, coconut and nuts. Pour batter in greased and floured 9" x 13" pan. Bake at 375 degrees for 30-35 minutes or until toothpick inserted comes out clean. Spread with marshmallow cream while still hot (cream will melt). Let cake cool and top with favorite chocolate frosting.

CRUSTLESS POTATO QUICHE

From www.Cooks.com—Made by Kari

5 beaten eggs

1 (12 oz.) pkg. frozen hash browns

1 c. shredded Monterey Jack cheese

1 green onion, chopped

½ c. cottage cheese

¼ tsp. salt

½ tsp. pepper

Dash of hot sauce

Paprika

6 slices bacon, cooked & crumbled

Combine first 8 ingredients, stir well. Pour into lightly greased 9" pie plate. Sprinkle top with paprika. Bake at 350 degrees for 25 minutes or until set. Sprinkle bacon evenly on top. Bake 5 minutes more.

RETREAT ACHIEVEMENTS

- * Glinda Straddeck learned how to paper foundation piece.
- * Celeni Richins finished the borders on the Justice Center wall hanging.
- * Debbie Proctor demonstrated a flannel quilt with mitered borders and children's sewing cards.
- * Several people learned how to use ¼" tape as a guide for sewing on triangles and making half square triangles easily and without drawing a line.
- * The beaded scissor fobs were a hit. Barbara Murdock had so much fun that she made 5. Glinda Straddeck also made several.
- * Shantelle learned how to drive a 4-wheeler on Thursday afternoon. This is quite an achievement as she is NOT an outdoors type person. But she says, "It is SOOO much fun!"
- * It rained and snowed off and on throughout Thursday and Friday with the most snow fall happening Friday night. There was about 3 inches of snow on the ground Saturday morning but it all melted by the time we left around 3pm.

RETREAT AWARDS

- * **Night Owl** – Cat Beckstead
Who knows if she ever went to sleep.
- * **Best Dessert** – Celeni Richins
- * **Happy Hour/Supper Silly** – Christina Castrillo and Shantelle Cox
- * **Over Achiever a.k.a. overly ambitious** – Shantelle Cox – She took 7 projects—finished 5, made significant progress on 1 and didn't even touch the last one.
- * **Designated Firebug** – Christina Castrillo
- * **Best Baby Sitter or Most Baby Hungry** – Celeni Richins



Miss Lumber Jack—Michelle M.

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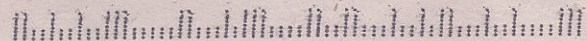
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MONTHLY GUILD MEETINGS

Join us for our monthly guild meetings held on the **LAST TUESDAY** of each month at 7:00 pm.

Quilting Bee prior to each meeting at 6:30 pm.

Meetings are held in the Community Room at:
AMBank Building
620 West 100 South
Heber City, Utah.

See you there!

THIS MONTH

May 31st

Stitchery
by Christy Watt
&
Sew and Tell

What to bring:

- Completed friendship block for Deonn
- Mystery quilts
- Sew & Tell
- a small embroidery hoop

A LOOK AHEAD

June 28th
Chennille Strips
by Deonn Stott

July 26
Curved Piecing

August 25th
Wool Appliqué

A big huge thank you to our newsletter sponsors this year:

• Bonneville Roofing and Drywall 801 224-6776
1522 West 400 South, Orem UT

• Heaton Roofing 801 226-7073